



The Freedom of a Christian

Sunday, February 7, 2021

5th Sunday Of Epiphany

Pastor Randall Questad

Baltic & East Nidaros Lutheran Parish

BALTIC AND EAST NIDAROS LUTHERAN PARISH

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www.balticandeastnidaros.org "Like" us on Facebook

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Office Hours: Tuesdays: Baltic 10:30-12:30

Jodee, Admin Assistant

Office Hours: Tues - Thurs 9:00-3:00

Faith Community Nursing

Marjell Wendland

Phone: 605-529-5457

Available: Thursday 9:00-3:00



WORSHIP PLAN LBW SETTING ONE

LBW (*Green*) Lutheran Book of Worship

WOV (*Blue*) With One Voice

CONFESSION AND FORGIVENESS LBW p. 56

P *In the name of the Father, and of the Son, and of the Holy Spirit.*

C **Amen**

P *Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.*

C **Amen**

P *If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness.*

P *Most merciful God,*

C **we confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name.**

Amen

P *Almighty God, in his mercy, has given his Son to die for us and, for his sake, forgives us all our sins. As a called and ordained minister of the Church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the Son, and of the Holy Spirit.*

C **Amen**

OPENING HYMN “*Gather Us In*” WOV# 718

GREETING LBW p. 57

P *The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.*

C **And also with you.**

KYRIE LBW p. 57 (*spoken*)

HYMN OF PRAISE “*This Is The Feast*” LBW p. 60

PRAYER OF THE DAY

P *The Lord be with you.*

C **And also with you.**

P *Let us pray.*

C Almighty God, you sent your only Son as the Word of life for our eyes to see and our ears to hear. Help us to believe with joy what the Scriptures proclaim, through Jesus Christ our Lord.

Amen.

FIRST LESSON: Isaiah 40:21-31

- ²¹Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?
- ²²It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
- ²³who brings princes to naught,
and makes the rulers of the earth as nothing.
- ²⁴Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.
- ²⁵To whom then will you compare me,
or who is my equal? says the Holy One.
- ²⁶Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.
- ²⁷Why do you say, O Jacob,
and speak, O Israel,
“My way is hidden from the LORD,
and my right is disregarded by my God”?
- ²⁸Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.

He does not faint or grow weary;
his understanding is unsearchable.

²⁹He gives power to the faint,
and strengthens the powerless.

³⁰Even youths will faint and be weary,
and the young will fall exhausted;

³¹but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

L The Word of the Lord

C Thanks be to God.

PSALM: Psalm 147:1-12 (*unison*)

¹**Hallelujah! How good it is to sing praises to our God!
How pleasant it is to honor him with praise!**

²**The LORD rebuilds Jerusalem;
he gathers the exiles of Israel.**

³**He heals the brokenhearted
and binds up their wounds.**

⁴**He counts the number of the stars
and calls them all by their names.**

⁵**Great is our LORD and mighty in power;
there is no limit to his wisdom.**

⁶**The LORD lifts up the lowly,
but casts the wicked to the ground.**

⁷**Sing to the LORD with thanksgiving;
make music to our God upon the harp.**

⁸**He covers the heavens with clouds
and prepares rain for the earth;**

⁹**he makes grass to grow upon the mountains
and green plants to serve mankind.**

¹⁰**He provides food for flocks and herds
and for the young ravens when they cry.**

¹¹**He is not impressed by the might of a horse;
he has no pleasure in the strength of a man;**

¹²**but the LORD has pleasure in those who fear him,
in those who await his gracious favor.**

SECOND LESSON: 1 Corinthians 9:16-23

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

L The Word of the Lord

C Thanks be to God.

CHILDREN'S SERMON: *"Jesus Loves Me" (1st verse only)*

GOSPEL ACCLAMATION LBW p. 62 (*Sung*)

GOSPEL: Mark 1:29-39

P *The Holy Gospel according to Mark, the 1st chapter.*

C Glory to you, O Lord.

²⁹As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring

towns, so that I may proclaim the message there also; for that is what I came out to do.”³⁹ And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

P The Gospel of the Lord.

C Praise to you, O Christ.

SERMON: “Free and Slave”

HYMN OF THE DAY: “On Eagle’s Wings” WOV# 779

APOSTLES CREED LBW p. 65

THE PRAYERS OF THE CHURCH

PLord in your mercy,

C Hear our prayer.

SHARING OF GOD’S PEACE

P The peace of the Lord be with you always.

C And also with you.

OFFERING

OFFERING HYMN “Let The Vineyards Be Fruitful” WOV p. 35

OFFERTORY PRAYER LBW p. 68

P Blessed are you,

C O Lord our God, maker of all things. Through your goodness you have blessed us with these gifts. With them we offer ourselves to your service and dedicate our lives to the care and redemption of all that you have made for the sake of him who gave himself for us, Jesus Christ our Lord. Amen

GREAT THANKSGIVING LBW p. 68

P The Lord be with you.

C And also with you.

P Lift up your hearts.

C We lift them to the Lord.

P Let us give thanks to the Lord our God.

C It is right to give our thanks and praise.

PREFACE LBW p. 68

SANCTUS LBW p. 89 (*Sung*)

**C Holy, holy, holy Lord, Lord God of pow’r and might,
Heav’n and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

WORDS OF INSTITUTION

LORD'S PRAYER LBW p. 71

THE SACRAMENT OF THE LORD'S SUPPER

*ALL BAPTIZED CHRISTIANS WHO CONFESS JESUS CHRIST
AS LORD AND HIS REAL PRESENCE IN THE BREAD AND WINE
ARE WELCOME TO THE LORD'S TABLE*

COMMUNION HYMN "Lamb Of God" LBW p. 72

POST COMMUNION CANTICLE "Thank The Lord" LBW P. 72

POST COMMUNION PRAYER LBW p. 74

BLESSING LBW p. 76

P *The Lord bless you and keep you. The Lord make his face shine on you and be gracious to you. The Lord look upon you with favor and give you peace.*

C *(Sung)* **Three Fold Amen**

SENDING HYMN: "Let It Be Said Of Us" Bulletin pg. 9

DISMISSAL

P *Go in peace. Serve your neighbor.*

C **Yes we will. Thanks be to God.**

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Happy
Birthday

Please join in a card shower for Norma Nyhaug.
Lets help her celebrate her 90th birthday!
(February 11, 2021)

Please Send cards to:

111 West 17th St #234
Sioux Falls, SD 57104

East Nidaros is looking for a Sunday School Coordinator



If interested please get in contact with
Jenni Hartman, Chelsey Koenig or Katie Siemonsma.



MEMBERS

Tanya Vollan Paul Romsdahl
Rhoda Wold Ordell Krogstad
Verne Endahl Tom Siemonsma
Joanne Hamre Ella Riswold
Donna Lee Boyd Dave Karl
Marjell Wendland Amber Hartman
Terry Tommeraasen
Trudy and Amber Hartman
Eric, Lindsay and Emily Comes

FRIENDS & FAMILY OF OUR MEMBERS

Family of Vickey Lundstrom

LeRoy Koopman—Brother-in-law to Ben & Elaine Kringen

Jerome Johnson—Uncle of Deb Karlson & Brenda Bergum

Darrel McMahon—Brother of Ann Romsdahl

John Jorgenson—Friend of the Community

Dawn Williams—Sister of Danae Cords

Jordan Alderman—Nephew of Dave and Deb Qualseth

Fred Tidemann—Brother of Melva Hilmo

Don Vollan—Uncle of Jimmie Vollan

Mike Wuestewald—Friend of Terry Snow, Tom & Joanna Baatz

Javin Ihnen—Son of Justin and Jessica Ihnen

Eugene Haux—Father of Shane Haux

Jessica Shaw—Friend of Melva Lee Hilmo

Rachel Aberson—Daughter of Jason and Ann Aberson

Amanda Nyhaug—Grand Daughter of Norma Nyhaug

FEBRUARY NOISY CAN

Baltic: Baltic Fire Department

East: Church On The Street

Let It Be Said of Us lyrics

Verse 1

Let it be said of us that the Lord was our passion,
That with gladness we bore ev'ry cross we were given;
That we fought the good fight, that we finished the course
Knowing within us the pow'r of the risen Lord. *Chorus*

Chorus

Let the cross be our glory and the Lord be our song,
By mercy made holy, by the Spirit made strong.
Let the cross be our glory and the Lord be our song
'Til the likeness of Jesus be through us made known.
Let the cross be our glory and the Lord be our song.

Verse 2

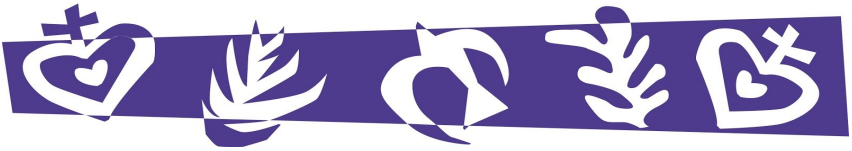
Let it be said of us: we were marked by forgiveness,
We were known by our love and delighted in meekness.
We were ruled by His peace, heeding unity's call,
Joined as one body that Christ would be seen by all. *Chorus*

Chorus

Let the cross be our glory and the Lord be our song,
By mercy made holy, by the Spirit made strong.
Let the cross be our glory and the Lord be our song
'Til the likeness of Jesus be through us made known.
Let the cross be our glory and the Lord be our song. *Chorus*

Chorus

Let the cross be our glory and the Lord be our song,
By mercy made holy, by the Spirit made strong.
Let the cross be our glory and the Lord be our song
'Til the likeness of Jesus be through us made known.
Let the cross be our glory and the Lord be our song.



2021 Lenten Worship Schedule

“Isaiah”

Rebellion To Redemption

Wed Feb 17	Ash Wednesday 5:30 Worship @ East 7:00 Worship @ Baltic
Wed Feb 24	6:00 pm Lenten Service @ East w/Pastor Tom Stadem
Wed Mar 3	6:00 pm Lenten Service @ Baltic w/Pastor Jared Rakness
Wed Mar 10	6:00 pm Lenten Service @ East w/Pastor Adam Guthmiller
Wed Mar 17	6:00 pm Lenten Service @ Baltic w/Pastor Randall Questad
Wed Mar 24	6:00 pm Lenten Service @ East w/Pastor Laura Phillips
Thu Apr 1	6:00 pm Maundy Thursday Service @ Baltic
Fri Apr 2	6:00 pm Good Friday Service @ East
Sun Apr 4	7:00 am Easter Sunrise Service @ East 9:00 am Easter Sunrise Service @ Baltic



LENTEN OFFERING

Baltic: 1/2 Banquet &
1/2 Baltic Food Bank
East: Baltic Food Bank



FOOD PANTRY ITEMS NEEDED

Monetary Donations
always Welcome!

Donations can be mailed to:
PO Box 244 Baltic SD 57003

- Kleenex
- Toilet paper
- Toothbrushes
- Toothpaste
- Deodorant
- Peanut Butter
- Body Wash
- Shampoo
- Conditioner
- BBQ Sauce
- Oil
- Paper towels
- Laundry Soap
- Tuna
- Baking Needs
- Saltine Crackers
- Snack Crackers
- Canned Chicken
- Jelly
- Breakfast Bars
- Pudding cups
- Canned Fruit
- Baked Beans
- Dish soap
- Cereal
- Beef Stew
- Hearty Soups
- Ramen Noodles
- Canned Vegetables

**NO OPENED,
PARTIALLY USED OR
OUTDATED ITEMS
PLEASE**

Items may be dropped off at
the Baltic School in the red
box in the Commons or in
the Baltic Narthex or
East Nidaros Fellowship Hall.

When you shop Amazon, shop Amazon Smile and support East Nidaros!



Amazon smile is a simple and automatic way to support East Nidaros every time you shop. Simply go to smile.amazon.com and sign into your account the same as you Amazon.com. Eligible products will be marked "Eligible for AmazonSmile donation". Each time you do this, AmazonSmile donates 0.5% of your purchase price to East Nidaros.

SUNDAY, FEBRUARY 7th

Baltic	9:00 Worship
East Nidaros	10:30 Worship 10:30 Online Worship

Things Happening Week of February 7th

- Sun Feb 7 **Communion**
- Wed Feb 10 6:30-7:30 **7th & 8th grade** Confirmation at Baltic
6:30-7:30 Food Bank Open
- Thu Feb 11 9:00 Bulletin Assembly

SUNDAY, FEBRUARY 14th

Baltic	9:00 Worship
East Nidaros	10:30 Worship 10:30 Online Worship

Things Happening Week of February 14th

- Mon Feb 15 **Newsletter Deadline**
- Wed Feb 17 **Ash Wednesday**
5:30 Service at East
7:00 Service at Baltic
- Thu Feb 18 Bulletin Assembly

