



# Parish The Thought

Volume 54 Issue 5 May, 2021

## BALTIC AND EAST NIDAROS LUTHERAN PARISH

Two Churches - One Parish - Centered on the Cross



Sun May 2

**Holy Communion**

**Elliott Perrion Baptism @ East Nidaros**

Tue May 4

2:00 Bible Study @ **East Nidaros** Genesis Chpt. 48

Wed May 5

8:30-12:00 East Nidaros Quilting

6:30-7:30 **8th Grade** Confirmation @ Baltic

Thu May 6

8:30-12:00 East Nidaros Quilting

9:00 Bulletin Assembly

Sun May 9

**Holy Communion**

**Confirmation & Senior Recognition**

**Claire Jones Baptism @ East Nidaros**

Tue May 11

2:00 Bible Study @ **East Nidaros** Genesis Chpt. 49

6:30 Joint Council Meeting @ East Nidaros

Wed May 12

**BACCALAURATE SERVICE**

Thu May 13

9:00 Bulletin Assembly

7:15 Health Board Meeting

Sat May 15

**2:00 Baltic High School Graduation**

Sun May 16

**Lola Hartman Baptism @ East Nidaros**

Mon May 17

**NEWSLETTER DEADLINE**

Tue May 18

2:00 Bible Study @ **East Nidaros** Genesis Chpt. 50

Thu May 20

9:00 Bulletin Assembly

Sun May 23

**Day of Pentecost WEAR RED**

Thu May 27

9:00 Bulletin & Newsletter Assembly

Sun May 30

**Holy Communion**

UPCOMING EVENTS



# MAY PULPIT POST

## “A New Call”

***The Lord called to Samuel, and he replied, “Here I am!”***

**1 Samuel 3:4**

The young boy Samuel was in the church when he heard the Lord call to him and after hearing his call, he replied, “Here I am!”

May is an exciting month in the church as we celebrate the new callings of some of our youth. On May 9th, Mother’s Day, not only will the vocation of mothers be celebrated, but also the new callings as our Confirmands will move into a new membership status in the church. Also, students that will be graduating from high school will be recognized as we learn of their new callings in their lives.

If there has been a bright spot during this past year of pandemic, it has been our confirmation instruction. When I reached out to parents and students last fall, there was a unanimous desire for confirmation to continue as usual and in person despite the pandemic. This has been a wonderful class to teach, and it will be sad to see our time come to an end. However, this is what the church should do. Equip our students with God’s word and send them out knowing that the Word of God abides in them and will never abandon them. The six students that will be confirmed this year have spent the past two years learning important stories of the Bible and how Luther’s small Catechism relates to these stories of faith. They also have been trained to have an ear for hearing words of Law and Gospel in sermons and what this means for them.

Every person in scripture at some point receives a call from God either in person or through a messenger and then is sent out to do what they are called to do. This month we give thanks for talents that these young people have shared with us these past years and we will continue to support you and pray for you as you are sent out to your new callings in life as you respond, “Here I Am”.

Peace be with you,  
Pastor Randall J. Questad

# Parish Nurse & Health Board

May is here and Spring has arrived. We are all ready for the warm, sunny weather with the budding and early blooming happening. Since we are not able to have our usual Spring Luncheon this year due to COVID, I decided to do some research on the bugs in our area and the issues that we can experience from them. The first one on the list is the mosquito bite.

The mosquito bite occurs after a female mosquito punctures the skin to feed on our blood which helps them produce eggs and inject saliva into our skin. The proteins in the saliva cause a mild reaction is what leads to the bump, which is usually puffy, red or pink and appears a few minutes after you get bitten. These bites are one of the most annoying parts of summer. Symptoms of the mosquito bite are itchiness, the puffy red or pink bump that appears a few minutes after the bite and a dark spot once it heals. Some more serious reactions are a lot of swelling and redness, a low-grade fever, swollen lymph nodes, hives, swelling in areas away from the bite, like your joints, face, or tongue, or trouble breathing (which is a sign of anaphylaxis) which needs emergency attention. To get rid of mosquito bites and help them heal quickly, it's important not to scratch the bites, as scratching will only exacerbate the itch, and can increase the risk of infection. The best way to treat mosquito bites is to apply hydrocortisone cream or calamine lotion, to soothe the skin and reduce the itch. Home remedies can also include a cold compress, aloe vera lotion, or an oatmeal bath.

The next one is the bee sting which is very annoying, but if you are allergic to bee stings or you get stung numerous times, you may have a more serious reaction that requires emergency treatment. Bee stings can cause different reactions, from temporary pain to a severe allergic reaction. Allergic reactions to bee stings are typically more severe in adults than in children. Generally there is only pain and swelling at the sting site. In rare cases, a life-threatening allergic reaction including the reactions as listed above. For mild to moderate reactions, treatment involves removing the stinger, washing the area with soap and water, and applying cold compresses or ice. Severe reactions may need epinephrine which is an autoinjector pen that people who are known to be severely allergic will

keep on hand. You are more likely to have an allergic reaction to bee stings if you have had an allergic reaction in the past, even if it was minor. Some things to do when you are around bees is to stay calm and slowly walk away from the area. If a bee or wasp stings you, cover your mouth and nose and quickly leave the area as when a bee stings, it releases a chemical that attracts other bees. If you can, get into a building or closed vehicle. The next one is the tick bite which is easy to identify as it can remain attached to the skin for up to 10 days after it first bites. Most bites are harmless, but certain types transmit disease such as Lyme disease, or Rocky Mountain spotted fever. Once the tick latches onto the skin it moves to the warm, moist armpits and groin, feeding on blood and passing on any disease it carries. A tick bite can cause pain or swelling at the site, rash, burning sensation, blisters, difficulty breathing if severe. Severe symptoms would be a red spot or rash near the bite site, a full body rash, headache, weakness, fever, chills, joint pain, or swollen lymph nodes. Use Deet on skin or clothing and check for ticks after spending time in grassy or wooded areas.

Have a Safe, Healthy Summer  
Marjell Wendland, RN, FCN

## **HOME MEDICAL EQUIPMENT AVAILABLE**

Crutches, Bed Rails, Commodes, Walkers, Cane,  
Urinal, Boot, Shower Stool, Depends,  
Toilet Riser, Wrist Brace

Remember if you are in need of Home Medical Equipment  
contact Marjell or the church office.

There is now a sign-out sheet in the Home Medical Equipment room at  
East, so please complete it when checking out equipment and also  
when returning, so we have a record of all that we are  
pleased to be able to offer anyone in the community.

Thanks for your cooperation with this.

Footcare Clinic will be Thursday June 3rd and every  
other month following. The next ones will then be  
August and October. This change was made by Sanford.  
We will still be doing them on the first Thursday of the  
month and will do our best to accommodate all clients.  
Check with me with concerns. Marjell, RN, FCN



**MARJELL'S OFFICE HOURS** are Thursdays from 9am –3pm, but she will not always be available at the church due to home visits. She can be reached at her home telephone (529-5457—leave a message).

**IF YOU ARE HOSPITALIZED.....**

Please remember due to federal regulations, hospitals cannot inform the church of your admission without you giving them your permission. Likewise the Pastor and Parish Nurse cannot call or visit you if you are sick without your permission. If you would like a visit please notify the church office at 529-5471 or e-mail [nidaros@alliancecom.net](mailto:nidaros@alliancecom.net).

**Highlights from the March 25th Health Board meeting:** Footcare, Hand sanitizer update, Heart Screens, Luncheon, wheelchair donation, markings on wheelchairs for identification, Zoom FCN meeting on April 8, discussed restarting coffee fellowship, Phase 3, new members to Health Board, Susan Hooke, Todd Park. Next meeting May 13 at Baltic.

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Please consider serving as a delegate to the 2021 ELCA SD Synod (Virtual) Convention. It begins in the morning of Friday June 4th and ends around 1:00PM on Saturday, June 5th. Registration ends May 10th. Contact Jodee at the church office or Pastor Randall with your interest!

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**LOOKING FOR A GOOD HOME.** The WELCA ladies have decided to discontinue the library of Christian books that have been on the bookshelves in the small meeting room at East Nidaros. If you, your family, or friends are interested in any of these books for your personal use or if you know of any organization such as an Assisted Living, Senior Living Center, etc that would be interested in them, please leave a message at the church office - 605 529-5471 - for Karen . I will have the books available in the East Nidaros Church commons starting May 2 so you can see what is available or we can arrange another time if that is not convenient.

A special thank you to Lee Petersen for maintaining the East Nidaros Church library over the past years. I think it would be a wonderful way to honor Lee's memory if we can find a good home for all of the books.



# Baltic Lutheran Council Minutes

## March 15, 2021

The monthly meeting of the Baltic Lutheran Church Council was held at Baltic Lutheran Church on March 15, 2021. Council members present were: Dale Erickson, Lori Berg, Dick Berg, Shirlene Allgier, John Sinding, Karen Sinding, Myron Nohava, Jeff Boldt, J. Serna. Pastor Randall Questad and Marjell Wendland were also present. Not present: Alana Tommeraasen, Allen VanEck, and Gary Gregg

Dale Erickson called the meeting to order.

Pastor Randall gave the opening prayer.

Motion by Lori Berg and second by John Sinding to approve the February minutes. Motion carried.

### **Financial Report:**

Karen Sinding noted that the check for the Noisy Can donation should be moved to expense. Motion by Jeff Boldt second by Dick Berg to approve the financial report. Motion carried.

### **Trustees' Report:**

J. Serna talked to Connor Wendland about being our back up for snow removal. He agreed. Wayne Gunderson also helped this past snowstorm with the parking lot. Need to send thank you to Kenny for his helping with the parking lot and sanding.

Jeff Boldt stated we needed to find someone that can repair the stucco on the side of the building. It was suggested to call Heinemann in Dell Rapids.

### **Deacons' Report:**

Noisy Can for April: Motion by Myron Nohava and second by Karen Sinding to select the Adam Thompson Foundation. Motion carried.

Baltic school will also be doing the heart screening in April.

Visits some nursing homes have been opened if you have had your 2 covid shots.

### **Old Business:**

1. Applied for "forgiveness" of PPP Loan of \$11,250 received April 21, 2020. First Premiere has received application and it is in process.
2. Have applied for 2<sup>nd</sup> PPP "loan" again through First Premiere. If we do receive the 2<sup>nd</sup> loan, once it is used, the same form we used for the 1<sup>st</sup> loan forgiveness will be used again.
3. Piano lamp ordered.

4. Applied for new Technology Grant through SD Synod Office of ELCA – only 10 \$1,000 grants will be given for all the SD Synod.

### **New Business:**

Future of church attendance, restoring stewardship – we are surviving off the grants received from government. The tap may be dried out, so we need to prime our own pump.

Karen Sinding talked about Auto Pay. It is best not to give up. First National will not charge to set up auto pay if you have an account with them. Otherwise, it would be a one-time fee. If you do not have an account with First National, you can check with your bank and they may be able to set up Auto Pay for free. If you have any questions or need help setting up, you can talk to a council member.

It was also discussed how West Nidaros has a click to give on their website. Very easy to use. Dale will talk to Kevin Stillson and get details.

### **Pastor's Report:**

9 students for 1<sup>st</sup> communion, 4 from Baltic Lutheran. Planning on Palm Sunday for this.

We want to get the kids involved so we will be doing palm branches in church again this year. Need to get ordered.

April 18<sup>th</sup> we will have a baptism and new members, Brenden Tidemann family.

Planning on May 9<sup>th</sup> (Mother's Day) for Confirmation and Senior recognition. 6 confirmands, 3 of them from Baltic Lutheran. 2 boys and 1 girl.

Deb Larson has confirmed that we are set up for September 12<sup>th</sup> at the Morton Building for our joint Rally Sunday.

Bible Study will be starting in person again.

Summer worship (Wednesday nights) – may not need to have worship but we could do something else instead.

Communion will be the 1<sup>st</sup> and last Sunday.

Moses Project – training program for rural ministry. Only 20 will be accepted. Pastor Randall had a phone interview, and it went very well. This would not interfere with church, approximately 5 hours a month for 9 months, and costs nothing. Through the Lilly Foundation. Could help with things like stewardship.

### **Next Meeting: April 12, 2021 at 7:30pm.**

Pastor Randall led the closing prayer.

Motion by Dick Berg and second by John Sinding to adjourn.

Motion carried.

## BALTIC GENERAL FUND 2021

Month	Monthly Income	Monthly Expenses	Year to Date Income	Year to Date Expenses
Jan	\$6,981.07	\$9,476.16	\$6,981.07	\$9,476.16
Feb	\$9,170.31	\$11,517.44	\$16,151.38	\$20,993.6
*Mar	\$20,240.55	\$8,758.26	\$36,391.93	\$29,751.86
Apr	\$14,719.84	\$9,966.36	\$51,111.77	\$39,718.22

April is as of April 26, 2021

\*PPP Loan \$11,250.00

### MAY NOISY CAN

**Baltic: Royal Kids Camp**  
**East: Vacation Bible School**

#### BALTIC BLDG FUND

Jan	\$100.00
Feb	\$120.00
Mar	\$140.00
Apr	\$105.00
<b>YTD</b>	<b>\$465.00</b>

#### Baltic Lutheran Church Members:

Our giving is down and we are asking all members to be faithful in your financial giving to the church.

As a reminder, if you are unable to bring your offerings to worship services, you may also:

**A. Mail** – your check or cash to our Church Treasurer:

**Baltic Lutheran Church**  
**c/o Alana Tommeraasen**  
**PO Box 198**  
**Baltic, SD 57003**

**B. AutoPay** - If you bank with **First National Bank**, you may set up your automatic donations from your account to whichever Church fund(s) (General Fund, Building Fund, etc.) you choose. It may be more than one fund and the frequency (weekly, monthly, one-time) as you choose, without a fee. The bank will take care of the transfer, and it will continue until you request it to be stopped. The donation will appear in the church account with your name visible only to the Church Treasurer. If you **bank elsewhere**, there may be a one-time fee to set up. To avoid that cost, ask your bank to set up autopay and have them send a check directly to our church. Your bank may have different rules or fees, so be sure to clarify with your bank on details.





# East Nidaros Council Minutes

March, 2020

East Council did NOT hold a meeting in the month of March

Month	Monthly Income	Monthly Expenses	Year to Date Income	Year to Date Expenses
Jan	\$4,844.14	\$3,777.56	\$4,844.14	\$3,777.56
Feb	\$13,765.50	\$6,537.17	\$18,609.64	\$10,314.73
Mar	\$4,418.85	\$9,431.85	\$23,028.49	\$19,746.58
Apr	\$15,512.25	\$8,053.60	\$38,540.74	\$27,800.18

\*As of Apr 20, 2021 \*Includes SD Synod tech grant (\$1000) and anonymous corn donation (\$5400)



## EAST NIDAROS CHURCH

### MEMORIAL DAY

#### PROGRAM & LUNCH

*Monday, May 31, 2021*

**TIME:** 10:45 am – Color Guard ceremony at East Nidaros Cemetery  
11:00 am – Memorial Day Program at East Nidaros Church  
11:30 am – Lunch **FREE WILL OFFERING**

**SERVING:** Scalloped Potatoes with Ham, Green Beans, Dinner Rolls, Homemade Salads, Beverage, Homemade Desserts

**ATTENTION East Nidaros families.** Our plan is to move forward with our meal/social activities beginning with the Memorial Day Program and Luncheon. There have been no changes to the service groups, so please watch for postcards throughout the year. These are the meal activities on the calendar for 2021: Memorial Day, Ice Cream Social, Fuel Fund Soup Supper and SS Program Potluck.

**This list is subject to change as we navigate the new "normal".**

**Thank you for continuing to support East Nidaros!**

## May Noisy Can - Baltic Lutheran - Royal Family KIDS Camps

Royal Family KIDS Camps are week-long overnight summer camps for children ages 6-12 that have been or currently are in foster care, serving children in Minnehaha and Lincoln Counties.

### Members of Baltic Lutheran have benefited from attending these camps.

At camp, the kids receive one on one attention from safe, caring adults modeling a non-violent, positive way of life as an alternative to many of the negative, abusive situations which children of abuse and neglect have faced.

For one week, instead of operating in survival mode, they can just be kids.

### God's love is modeled consistently through camp activities.

The Sioux Empire camps serve 35-52 campers each week, and are staffed completely by volunteers. Camps are provided at **no cost** to the child, the foster care family or the State and are purely funded through private donations and grants.



Thank you to Pastor Randall for Raelyn's Baptism and Tenley 's First Communion service. We would also like to thank the quilting ladies for Raelyn's beautiful quilt as well as baptismal box.

We greatly appreciate everything!

The Witzel Family.



### MARCH PARISH RECORD CHANGES

#### BALTIC

##### **New Members:**

*No changes*

##### **Transfers Out:**

*No Changes*

##### **Baptisms:**

*Raelyn Witzel*

##### **Weddings:**

*No Changes*

##### **Deaths:**

*No Changes*

#### EAST

##### **New Members:**

*No Changes*

##### **Transfers Out:**

*No Changes*

##### **Baptisms:**

*No Changes*

##### **Weddings:**

*No Changes*

##### **Deaths:**

*No Changes*

Jim Haugen would like to share his address as he starts a new chapter in his life.

Jim will now be residing at Dow Rummel Village.

Jim Haugen  
1409 W. Dow Rummel St  
Apt 318  
Sioux Falls, SD 57104  
Ph. 605-271-3268



# FOOD PANTRY ITEMS NEEDED

Monetary Donations  
always Welcome!

Donations can be mailed to:  
PO Box 244 Baltic SD 57003

- Kleenex
- Toilet paper
- Toothbrushes
- Toothpaste
- Deodorant
- Peanut Butter
- Body Wash
- Shampoo
- Conditioner
- BBQ Sauce
- Oil
- Paper towels
- Laundry Soap

- Tuna
- Baking Needs
- Saltine Crackers
- Snack Crackers
- Canned Chicken
- Jelly
- Breakfast Bars
- Pudding cups
- Canned Fruit
- Baked Beans
- Dish soap
- Cereal
- Beef Stew

- Hearty Soups
- Ramen Noodles
- Canned Vegetables

**NO OPENED,  
PARTIALLY USED OR  
OUTDATED ITEMS  
PLEASE**

Items may be dropped off at  
the Baltic School in the red  
box in the Commons or in  
the Baltic Narthex or  
East Nidaros Fellowship Hall.

Please consider signing up to serve on the Baltic Lutheran Altar Committee. A sign up sheet is posted on the bulletin board in the Narthex or email Jodee at the church office at [nidros@alliancecom.net](mailto:nidros@alliancecom.net). Responsibilities include setting up for Holy Communion and changing altar paraments as necessary. No experience necessary!

*The Following Gifts Have Been Given As Memorials:*

**Baltic:** In Memory Of:

**Bob Krell** Baltic Lutheran Church \$40.00

**Dr. Tom Burkhart** Baltic Church Fund \$20.00,  
Parish Health Board \$25.00

**Christopher Buhl** Baltic Lutheran Church \$20.00

**East:** In Memory Of:

**Paul Lostroh** Technology Fund \$25.00

# Parish the Thought

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**BALTIC LUTHERAN CHURCH**  
&  
**EAST NIDAROS LUTHERAN CHURCH**

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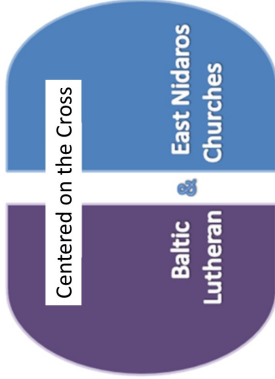
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