



Parish The Thought

Volume 53 Issue 5

May, 2020

BALTIC AND EAST NIDAROS LUTHERAN PARISH
Two Churches - One Parish - Centered on the Cross





May Pulpit Post **“I Had Planned”**

2 Then King David rose to his feet and said: “Hear me, my brothers and my people. I had planned to build a house of rest for the ark of the covenant of the Lord, for the footstool of our God; and I made preparations for building. 3 But God said to me, ‘You shall not build a house for my name, for you are a warrior and have shed blood.’ 4 Yet the Lord God of Israel chose me from all my ancestral house to be king over Israel forever; for he chose Judah as leader, and in the house of Judah my father’s house, and among my father’s sons he took delight in making me king over all Israel. 1 Chronicles 28:2-4

King David had plans. King David announced to everyone his plans. King David’s plans were a good idea. But, King David's plans were interrupted when God spoke to him about his plans.

The purpose of our parish newsletter has been to announce to our members the events and activities for the upcoming month. For the second month now, our newsletter has taken a different look now that the events that once were planned are now no longer happening. While our plans have been altered, God’s plans for His church remains the same.

God’s plan for His church is for people to hear his word. It is my preference for the hearers of God’s word to be seated in front of me as I deliver his word. Live streaming services have been an abrupt and a challenging change in my plans. There have been some unanticipated benefits in sending God’s word out in this way. God’s word has reached people who are unable to attend worship on Sunday morning. God’s word has gone out from the church building to places that I wouldn’t have imagined.

As we continue to worship differently than how we had planned, take confidence that God remains in control as we remember what Isaiah taught about our Lord. **For my thoughts are not your thoughts, nor are your plans my plans, says the Lord.**

My prayers continue for you until we worship together face to face again,
Pastor Randall J. Questad

Parish Nurse & Health Board

Faith Community Nursing

Happy Belated Easter. This year's Easter was like no other I have experienced in my life and the snow added to the experience of the day. Fortunately we could share worship through Facebook.

The Corona Virus this year has made many changes to our lives and routines and looking down the street to a quiet neighborhood is a certain reminder. With people confined to their homes, it is common for depression symptoms to emerge. If that is the case, by seeking medical help is so beneficial. It is easy for depression to create thoughts such as "It means I'm weak"; I'm afraid I will be rejected by my friends"; or "I may be trying to hide my sadness from family and friends". Seeking the help needed is so important if these things arise.

The pleasant event Jim and I have been able to enjoy is watching the beautiful red topped pheasant and his two lady friends wander in our backyard. Jim has placed corn and water for their enjoyment. How protective the red topped pheasant is despite his limp. He will stand guard and watch the ladies while they enjoy the food and water, making sure they are in no danger. This is our reminder of how protective God is of us, his people, despite the pandemic happening. We can be assured he is always watching over us to keep us safe.

With the warmer weather coming, brings the pollen which is a fine powder released by trees, weeds, and grasses. Much is released early morning and travels best on a warm, dry, breezy day and peaks in midday. Symptoms of Hay Fever cause sneezing, runny or stuffy nose, coughing, post-nasal drip, itchy nose and throat, dark circles under eyes, and swollen watery and itchy eyes. Allergies cannot be cured, but the symptoms can be reduced by avoiding contact with the allergens, with limiting outdoor activity during the pollination periods when the count is high. Also use central air conditioning set on "recirculate" which excludes much of the pollen from the air in the home.

Thank you to our anonymous donor for the purchase of the AED batteries for the churches. It is very appreciated. *Cont.*

April was the month we usually do the “Big Squeeze” checking blood pressures. This of course, has been cancelled and at this time, I am not sure when/if it will be done this year.

Please also take note of the separate update on the Spring Luncheon.

I am also happy to report, we have another volunteer, Charlotte Johnson, helping make prayer shawls. Thank you Charlotte!

Please stay safe and healthy despite the Corona Virus and let’s all enjoy our Spring as we watch the trees and flowers bloom.

Blessings,
Marjell Wendland, RN, FCN

MARJELL’S OFFICE HOURS are Thursdays from 9am –3pm, but she will not always be available at the church due to home visits. She can be reached at her home telephone (529-5457—leave a message).

IF YOU ARE HOSPITALIZED.....

Please remember due to federal regulations, hospitals cannot inform the church of your admission without you giving them your permission.

Likewise the Pastor and Parish Nurse cannot call or visit you if you are sick without your permission. If you would like a visit please notify the church office at 529-5471 or e-mail nidaros@alliancecom.net.

HOME MEDICAL EQUIPMENT AVAILABLE

Crutches, Bed Rails, Commodes, Walkers, Cane,
Urinal, Boot, Shower Stool, Depends,
Toilet Riser, Wrist Brace

Remember if you are in need of Home Medical Equipment to contact Marjell or the church office.

There is now a sign-out sheet in the Home Medical Equipment room at East, so please complete it when checking out equipment and also when returning, so we have a record of all that we are pleased to be able to offer anyone in the community.

Thanks for your cooperation with this.

Footcare Clinics will be every other month, they will be June, August, October, and December. This change was made by Sanford. We will still be doing them on the first Thursday of the month and will do our best to accommodate all clients.

Check with me with concerns. Marjell, RN, FCN



The Church Councils of both East Nidaros and Baltic Lutheran Churches thank you all for continuing your faithful offerings to the churches. We especially thank Pastor Randall and Kim for the worship services they have provided on-line via Facebook live and YouTube. We know that it is much more work with providing this weekly worship than the normal Sunday services – so **thank you both** for all of your hard work!

Since the Corona Virus Pandemic has halted our normal worship services, and the US Congress passed the CARES Act with the Payment Protection Program (PPP), both Baltic and East applied for the PPP loan on the first day it was available. Both churches were approved for full time salary expense and utilities expense for 2.5 months.

Technically, these are loans, but there are conditions of loan forgiveness: over the following 8 weeks, we will document that at least 75% of this money was used for payroll and salary of our full-time employee and also, up to 25% may be used for utilities expenses. Once these criteria are met, the loan should be forgiven.

The expenses of the churches continue, so this (forgiven) loan will help bridge us through this unprecedented crisis. If you are financially able, we ask that you continue your financial offerings to the church as well as not all expenses will be covered. Thank you again.



Thank you for your prayers, caring thoughts, phone calls and text messages following the death of my Dad, Merlin Schmidt, on April 11th. What a blessing it is to be a member of such a caring church family. A special note of thanks to Pastor Randall and Jimmie Vollan for visiting Dad while he was at Orchard Hills. Our family is truly grateful. And what a joyous Easter morning for Dad!
Kathy Hegge and family

The Following Gifts Have Been Given As Memorials:

BALTIC: In Memory Of:

Vera May to the Parking Lot Fund \$5.00

Linda Kowalski to the Parking Lot Fund: \$20.00

Charlotte Hansen to the Parking Lot Fund: \$100.00

Merlin Schmidt to the Baltic Parking Lot Fund: \$25.00

East Nidaros Income/Expense Report

Month	Monthly Income	Monthly Expenses	Year to Date Income	Year to Date Expenses
Jan	\$ 3,082.26	\$ 3,939.94	\$3,082.26	\$3,939.94
Feb*	\$29,323.02	\$7,840.69	\$32,405.28	\$11,780.63
Mar**	\$7,747.71	\$4,464.74	\$40,152.99	\$8,404.68
Apr	\$14,114.93**	\$6,382.70	\$40,152.99	\$14,787.38

**Includes PPP
(CARES Act)

*Includes Corn donation

**Through
Apr 29, 2020

BALTIC GENERAL FUND 2020

Month	Monthly Income	Monthly Expenses	Year to Date Income	Year to Date Expenses
Jan	\$7785.74	\$9964.93	\$7785.74	\$9964.93
Feb	\$8459.93	\$9950.11	\$16,245.67	\$19,915.04
Mar	\$6513.81	\$7623.79	\$22,759.48	\$27,538.83
Apr	\$22,129.98	\$9,301.67	\$47,850.50	\$3,816.41

Apr is as of April 27, 2020

National Day of Prayer
May 7th



BALTIC BLDG FUND	
Jan	\$152.00
Feb	\$155.00
Mar	\$173.00
Apr	\$120.00
YTD	\$600.00

June Newsletter Deadline: May 21, 2020

FOOD PANTRY ITEMS NEEDED

- Coffee
- Kleenex
- Ketchup
- Toilet paper
- Mustard
- Paper towels
- Baking Items
- Saltine Crackers
- Snack Crackers
- Peanut Butter
- Pudding cups
- Knorr Sides
- Canned Pasta
- Canned Meats
- Noodles
- Laundry Soap
- Dish Soap
- BBQ Sauce
- Spices
- Hearty “Chunky” Soups
- Tartar Sauce
- Cookie/brownie/ cake mix
- Spaghetti Sauce
- Beef Stew
- Tuna
- Juice
- Jelly
- Pickles
- Sugar
- Breakfast Bars
- Granola Bars

**NO OPENED,
PARTIALLY USED
OR
OUTDATED ITEMS
PLEASE**



Items may be dropped off at the Baltic School in the red box in the Commons or in the Baltic Narthex or East Nidaros Fellowship Hall.

Update on the Spring Luncheon
At this time the Spring Luncheon is scheduled for June 13, but due to the Corona Virus, we are not sure whether we will be able to have it that day.
We are hoping to reschedule it, if needed.
We will keep you posted and updated.

Parish Health Board



THANK
YOU!

A generous donation was made for the purchase of the AED Batteries.
This is greatly appreciated!



MEMBERS

Tanya Vollan Paul Romsdahl
Rhoda Wold Ordell Krogstad
Norman Nielsen Norma Nyhaug
Judie Oien

FRIENDS & FAMILY OF OUR MEMBERS

LeRoy Koopman—Brother-in-law to Ben & Elaine Kringen
Betty Taylor—Aunt of Becky Siemonsma
Ron Seim—Friend of Melva Lee Hilmoe
Mike Christopherson—Melva Lee Hilmoe's great-niece's husband
Jerome Johnson—Uncle of Deb Karlson & Brenda Bergum
Darrel McMahon—Brother of Ann Romsdahl
Dale Pechous—Cousin of Myron Nohava
Linda Smalz—Friend of Louie and Karen Doom
John Jorgenson—Friend of the Community
Wayne Reit—Brother of Joan Boldt
Art Aadland—Husband of Ellen Aadland
Paul Thompson—Friend of Manda Sheaffer
Rocky Thompson—Brother-in-Law of Lynda Johnson
Dawn Williams—Sister of Danae Cords

East Nidaros has SCRIP cards available for *Hy-Vee, County Fair and WalMart*. These are non-reloadable gift cards that provide up to **5% back to East Nidaros**. Your purchase of the gift cards is not tax-deductible, but does have a direct benefit for the church.
Contact: Kathy Hegge 366-4116



Recycle used ink cartridges.

The churches receive a \$2 credit per cartridge. This offsets the cost of office supply's. Cartridges can be dropped off at the church office. Please make sure the cartridge is not leaking.