



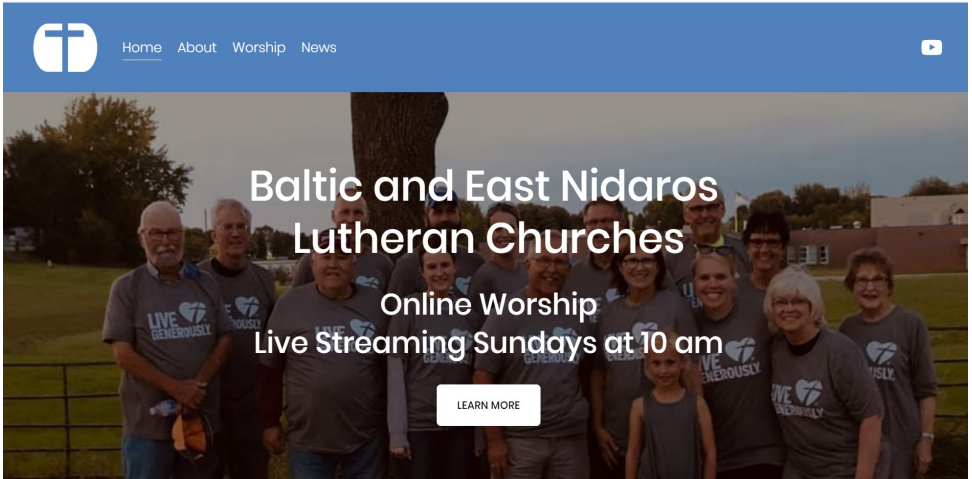
# Parish The Thought

Volume 53 Issue 6

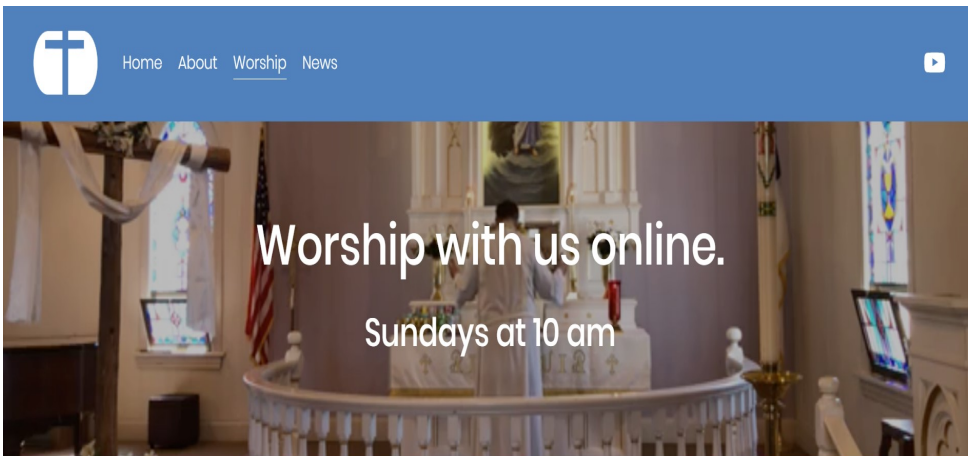
June, 2020

## BALTIC AND EAST NIDAROS LUTHERAN PARISH Two Churches - One Parish - Centered on the Cross

New website coming soon!



Start Fresh. Start New. Start Here!





## June Pulpit Post

# “There is a Future”

Surely there is a future, and your hope will not be cut off.

*Proverbs 23:18*

At our joint council retreat in February as we made plans for 2020, it was decided to move forward with launching a new website for our parish. We were excited about what the future held for this year and how a new website would help promote this excitement for ideas that resulted from our discussions. I had no idea as we gathered that our world was about to change and a group of around 30 people would soon become an event we would have to avoid as the term “social distancing” became a common phrase in our vocabulary.

All the changes and cancellations of events during this pandemic have not squelched our excitement for our future. One of the unanticipated results of our on-line worship services is how many more people have been listening outside of our church walls. God’s word is going out from our parish and is not returning empty (Isaiah 55:11). This has encouraged us to proceed with launching our new website to make easier access to our worship services.

More information will be added to our website as events and activities in our parish resume. As you can see from this Newsletter cover that our new website promotes our future with the words, “**Start Fresh. Start New. Start Here.**” I invite you to help spread the news about the excitement we have for our parish and to visit our new website.

During this time of “virtual” worship, we have learned new ways to spread God’s word further than we had imagined. We thank you for the positive feedback we have received and continue to explore how we can Live Stream and record worship services every week so you can hear God’s good news wherever you are and whenever you are able.

As we wait for worship services to resume safely, we take confidence that since God is still in control as we live in this world of uncertainty.

**There is a future.**

Pastor Randall J. Questad

# Parish Nurse & Health Board

As we have all been looking forward to Spring and Summer, little did we expect to be experiencing the Health Crisis that is happening around the world. Each day we have no idea who will be tested positive or who may have died from the virus. But we cannot live in fear. We will just embrace our faith to see us through.

This brings to mind the importance of having an Advanced Directive and Living Will in place. National Health Care Decisions Day was actually April 16, the day to remind us to put our wishes in writing.

So what is an Advanced Directive? An advanced directive is a legal document that explains how you want medical decisions about you to be made if you cannot make them yourself. An advance directive lets your health care team and loved ones know what kind of health care you want or who you want to make decisions for you when you can't. An advance directive can help you think ahead of time about what kind of care you want. It may help guide your loved ones and health care team in making clear decisions about your health care when you can't do it yourself. Advance directives are important tools for anyone to have, because even the healthiest person could experience a sudden death or the virus and not be able to speak for themselves. They are not just for older adults. Unexpected end-of-life situations can happen at any age, so it's important for all adults to prepare these documents. Living wills and advance directives are written, legal instructions regarding your preferences for medical care when you cannot make them for yourself. Most people do not want to think about death and dying, so they put off doing an advance directive and unfortunately, that often means that families are left struggling with difficult decisions about important matters, such as whether or not Mom would like to be kept alive using a ventilator, or who should be in charge of managing Dad's financial affairs, because Mom or Dad never made clear what they wanted for themselves. There are two primary kinds of advance directives:

A living will is a written, legal document that spells out your preferences about certain kinds of life-sustaining treatments. For example, you can indicate whether you do or do not want interventions such as cardiac resuscitation, tube feeding, and mechanical respiration.

A power of attorney directive names someone that you trust to act as your agent if you are unable to speak for yourself. If you want to choose one person to speak for you on healthcare matters, and someone else to make financial decisions, you can do separate financial and healthcare powers of attorney. You should only assign someone power of attorney to make your medical decisions if you have someone you trust to carry out your wishes.

Many states actually combine the living will and power of attorney into one “advance directive form.”

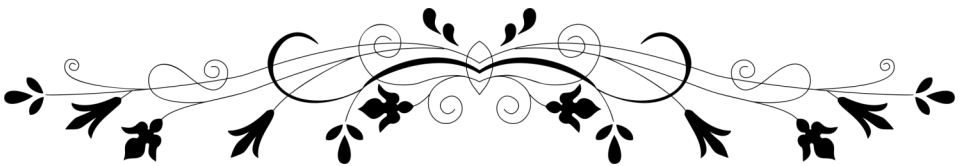
This is important information for each of us to consider getting in place for our families and as stated earlier, especially during a pandemic as this. We all need to be attentive to everything we can do to protect ourselves and those around us.

At this time, the FootCare date of June 4 is still in place with a very full schedule. We look forward to being back providing the care. If anything changes with the date, each client signed up will be notified.

We are also still planning the Luncheon for August 8, once again depending on the COVID-19 situation.

Please stay safe and healthy,

Marjell Wendland, RN,FCN



**MARJELL'S OFFICE HOURS** are Thursdays from 9am –3pm, but she will not always be available at the church due to home visits. She can be reached at her home telephone (529-5457—leave a message).

**IF YOU ARE HOSPITALIZED.....**

Please remember due to federal regulations, hospitals cannot inform the church of your admission without you giving them your permission. Likewise the Pastor and Parish Nurse cannot call or visit you if you are sick without your permission. If you would like a visit please notify the church office at 529-5471 or e-mail [nidaros@alliancecom.net](mailto:nidaros@alliancecom.net).

# HOME MEDICAL EQUIPMENT AVAILABLE

Crutches, Bed Rails, Commodes, Walkers, Cane,  
Urinal, Boot, Shower Stool, Depends,  
Toilet Riser, Wrist Brace

Remember if you are in need of Home Medical Equipment to contact Marjell or the church office.

There is now a sign-out sheet in the Home Medical Equipment room at East, so please complete it when checking out equipment and also when returning, so we have a record of all that we are pleased to be able to offer anyone in the community.

Thanks for your cooperation with this.

Footcare Clinics will be every other month, they will be June, August, October, and December. This change was made by Sanford. We will still be doing them on the first Thursday of the month and will do our best to accommodate all clients.

Check with me with concerns. Marjell, RN, FCN



## FOOD PANTRY ITEMS NEEDED

- Coffee
- Kleenex
- Ketchup
- Toilet paper
- Mustard
- Paper towels
- Baking Items
- Saltine Crackers
- Snack Crackers
- Peanut Butter
- Pudding cups
- Knorr Sides
- Canned Pasta
- Canned Meats
- Noodles
- Laundry Soap
- Dish Soap
- BBQ Sauce
- Spices
- Hearty "Chunky" Soups
- Tartar Sauce
- Cookie/brownie/ cake mix
- Spaghetti Sauce
- Beef Stew
- Tuna
- Juice
- Jelly
- Pickles
- Sugar
- Breakfast Bars
- Granola Bars

**NO OPENED,  
PARTIALLY USED  
OR  
OUTDATED ITEMS  
PLEASE**



Items may be dropped off at the Baltic School in the red box in the Commons or in the Baltic Narthex or East Nidaros Fellowship Hall.

## East Nidaros Income/Expense Report

Month	Monthly Income	Monthly Expenses	Year to Date Income	Year to Date Expenses
Jan	\$ 3,082.26	\$ 3,939.94	\$3,082.26	\$3,939.94
Feb*	\$29,323.02	\$7,840.69	\$32,405.28	\$11,780.63
Mar**	\$7,747.71	\$4,464.74	\$40,152.99	\$16,245.37
Apr	\$14,114.93**	\$6,382.70	\$54,267.92	\$22,628.07
May	\$1,356.81	\$4,631.75	\$55,624.73	\$27,259.82

**\*\*Includes PPP (CARES Act) loan of \$8345**    
**\*Includes Corn donation \$20,919.93**    
**\*\*Through May 25, 2020**

## BALTIC GENERAL FUND 2020

Month	Monthly Income	Monthly Expenses	Year to Date Income	Year to Date Expenses
Jan	\$7785.74	\$9964.93	\$7785.74	\$9964.93
Feb	\$8459.93	\$9950.11	\$16,245.67	\$19,915.04
Mar	\$9474.85	\$8946.70	\$25,720.52	\$28,861.74
Apr*	\$22,130.05	\$10,650.30	\$47,850.57	\$39,512.04
May	\$5925.16	\$6858.54	\$53,775.73	\$46,370.58

May is as of May 26, 2020  
 \*Includes PPP (Cares Act) loan of \$11,25.00

### Recycle used ink cartridges.

The churches receive a \$2 credit per cartridge. This offsets the cost of office supply's. Cartridges can be dropped off at the church office. Please make sure the cartridge is not leaking.

<b>BALTIC BLDG FUND</b>	
Jan	\$152.00
Feb	\$155.00
Mar	\$173.00
Apr	\$120.00
May	\$124.00
<b>YTD</b>	<b>\$724.00</b>



## MEMBERS

Tanya Vollan Paul Romsdahl  
Rhoda Wold Ordell Krogstad Judie Oien  
Ryan Voeltz Sheila Paulsness  
Norman Nielsen Norma Nyhaug

## FRIENDS & FAMILY OF OUR MEMBERS

LeRoy Koopman—Brother-in-law to Ben & Elaine Kringen  
June Symens—Friend of Deanna Questad  
Ron Seim—Friend of Melva Lee Hilmoe  
Mike Christopherson—Melva Lee Hilmoe’s great-niece’s husband  
Jerome Johnson—Uncle of Deb Karlson & Brenda Bergum  
Darrel McMahon—Brother of Ann Romsdahl  
Dale Pechous—Cousin of Myron Nohava  
Linda Smalz—Friend of Louie and Karen Doom  
John Jorgenson—Friend of the Community  
Wayne Reit—Brother of Joan Boldt  
Art Aadland—Husband of Ellen Aadland  
Paul Thompson—Friend of Manda Sheaffer  
Dawn Williams—Sister of Danae Cords  
Karen Bouwman—Friend of the Community  
Mary Carpenter—Friend of the Community  
Family of Cal “Jerry” Skancke

*The Following Gifts Have Been Given As Memorials:*

BALTIC: In Memory Of:

Merlin Schmidt to the Baltic Parking Lot Fund: \$35.00

## **JUNE NOISY CAN**

**Baltic:** Shetek Lutheran Bible Camp Ministries

**July Newsletter Deadline: June 19, 2020**

To the Members of Baltic Lutheran Church:

All of you should have received a letter informing you of the progress that has been made regarding the proposed parking lot improvement project. The church council received several bids to repair and reseal our existing parking lot, expand our parking by laying asphalt where the parish house was removed, and repaint lines for the entire parking area. The lowest and accepted bid to complete these improvements is approximately \$42,000 and as of May 21st, we have received **\$28,700** of donations already given towards this project.

We again remind you that in order to proceed with this important improvement and secure a contractor to complete this project this year, an additional **\$13,300** of donations is needed by June 15th. We thank you for the great response we have already received and look forward to your continued financial support so that we can complete this project this year.

If you have not already done so, please mail your donations to:

**Baltic Lutheran Church**

**Attn: Alana Tommeraasen**

**PO Box 198**

**Baltic, SD 57003**

Thank you for your continued support to Baltic Lutheran Church.

--Baltic Lutheran Church Council

