

BALTIC AND EAST NIDAROS LUTHERAN PARISH
Two Churches - One Parish - Centered on the Cross



July Pulpit Post



The Fourth Commandment Honor your father and your mother.

What does this mean?

We are to fear and love God so that we do not despise or anger our parents and others in authority, but respect, obey, love and serve them.

When the year 2020 began, it was my plan to use the pulpit post this year to teach through the ten commandments. These plans were set aside to address the unexpected changes the COVID-19 brought to our parish. I wish I could say that the effects of COVID-19 are behind us and our lives and how we worship have returned to where we were before COVID-19, but as we are daily reminded in the news, the uncertainty of the future remains. However, I have decided at least to return to the plan of teaching the commandments in this month's post.

Just as there seems to be a line drawn between when we covered the first three commandments and this fourth commandment, there is a clear line drawn between the first three commandments and the remaining seven of the ten commandments that God handed down to Moses on the two tablets of stone on the mountain. This dividing line separates the first three commandments that deal with our relationship with God which were written on the first tablet and the last commandments which all deal with our relationships with our neighbors which were written on the second tablet. Just before Jesus told the parable of the Good Samaritan, he taught about the two tablets of the commandments by saying, "You shall love the Lord your God with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself." After Jesus said these words, a lawyer wanting to test Jesus asked, "And who is my neighbor?"

The first of the neighbors the second table of the commandments teaches us about begins with your neighbor that is closest to you. This is your neighbor who resides in your home with you--your family. The remaining commandments that deal with your neighbors beyond the walls of your home. Luther further teaches in this fourth commandment that the Honor children should have is not limited to the respect children have for their parents but extends to everyone in authority. As we are all "children" of God, this is a good reminder for all us to respect, love, serve and obey our neighbors who are in authority.

Parish Nurse & Health Board

Here we are, summer has arrived and our main focus continues to be the COVID-19 virus. Every day changes are happening with the number of new cases, cures, and deaths. We have been living this since March and still uncertainty to when things “will get back to normal”.

When it comes to COVID-19, it is known the virus spreads primarily through droplets and when you breathe in the droplets of an infected person, so you can catch COVID-19 if an infected person coughs or sneezes and the contagious droplets (that can stay in the air for several minutes or hours) enter your nose or mouth. But what about our eyes? We know people rub and touch their eyes a lot. Could it be passed through tears or eye secretions? Should we trade contact lenses for glasses? It could cut down on touching our eyes or maybe some protection from the droplets in the air.

The most important thing for us to be doing is washing our hands with soap and water many times a day and to wear a mask for protection. We have seen many masks being made so people have one to wear when in public. Cotton seems to be the fabric of choice for making cloth masks, so it is highly recommended to use multiple layers of the cotton to better prevent particles from getting through the fabric, keeping in mind that is the purpose of wearing a mask. So let’s all do our part and remember you are not only protecting yourself, but others as well, and yes, you can still see a smile from behind the mask. 😊

We are all looking forward to being back in worship, but only when we will be safe and comfortable.

We seem to have a great number of gnats this year, so remember to use bug spray when outdoors. To be safe, only apply insect repellants to exposed skin. Do not apply it under clothing, on a child’s hands, near the mouth or eyes or over cuts and irritated skin. Wash off the insect repellent when coming inside and will no longer be exposed to bugs or mosquitos.

The Foot Care Clinic has been rescheduled twice, now to be on July 2 and again in August if permitting. We look forward to seeing all back again. Thank you to Mary Benduch for all the yarn donated for Prayer Shawls.

Cont.

These are needed also in this time of Pandemic and we thank our Crocheters for their dedicated work in making these.

Stay safe and healthy and enjoy the summer weather.

Blessings,
Marjell Wendland, RN, FCN

MARJELL'S OFFICE HOURS are Thursdays from 9am –3pm, but she will not always be available at the church due to home visits. She can be reached at her home telephone (529-5457—leave a message).

IF YOU ARE HOSPITALIZED.....

Please remember due to federal regulations, hospitals cannot inform the church of your admission without you giving them your permission. Likewise the Pastor and Parish Nurse cannot call or visit you if you are sick without your permission. If you would like a visit please notify the church office at 529-5471 or e-mail nidaros@alliancecom.net.

HOME MEDICAL EQUIPMENT AVAILABLE

Crutches, Bed Rails, Commodes, Walkers, Cane,
Urinal, Boot, Shower Stool, Depends,
Toilet Riser, Wrist Brace

Remember if you are in need of Home Medical Equipment to contact Marjell or the church office.

There is now a sign-out sheet in the Home Medical Equipment room at East, so please complete it when checking out equipment and also when returning, so we have a record of all that we are pleased to be able to offer anyone in the community.

Thanks for your cooperation with this.

Footcare Clinic will be Thursday July 2nd and every other month starting in August. They will then be October, and December. This change was made by Sanford. We will still be doing them on the first Thursday of the month and will do our best to accommodate all clients.

Check with me with concerns. Marjell, RN, FCN



Health Board Highlights

The Parish Health Board met social distancing on June 18th.

High Lights include:

Rick Fiala will fill Ed Mellegard's position upon his retiring.

Prayer Shawls- Thank you to Charlotte Johnson for the many provided

Footcare Clinic July 2 with a very full schedule-uncertain of
next schedule

AED batteries have not been installed yet

Problems with the hand sanitizers

Home Medical Equipment- Many items available for use. Sign out sheet

Donation to SIGH for the diabetic socks

Luncheon has been cancelled until Spring

COVID-19 discussion

No planned upcoming events.

Next meeting will be September 10

At the June 10th Zoom meeting of the **Baltic Church Council**, the church constitution was discussed in regards to the July 1st deadline to repair and resurface the **parking lot**. The constitution states that any amount over \$5,000 to be spent, must have a congregational vote to authorize the spending, even when all of the funds are raised. Although it was the intent of the council to have a congregational meeting for this vote, the Covid-19 virus continues to prohibit church services, thus no congregational meeting would be held before July 1st. The constitution also disallows absentee voting. In conversation with the SD ELCA Synod parliamentarian, it was suggested, as a one-time exception, that we can say the approval was implied given that the majority of the church members had contributed towards the **\$42,050 cost**. A motion to make the one-time exception of the congregational approval by their donations was made, seconded, and unanimously approved since **the entire amount has been raised**.

Thank You

Thank you to the members of The Baltic Sewing group for being so generous and donating their time and talents to the various projects here at church. Each year we do prayer pillowcases, baptismal blankets, senior recognition throws, and Bible covers. None of this work would be completed without the following dedicated members; Ruth Lee, Pam Nesheim, Kim Questad, Alana Tommeraasen and Deb Qualseth. The sewing group would like to encourage new members to join our group. Simply let us know of your interest. Most of the work is taken home and done within our own schedules.

P.S. Thanks Brett for pitching in and helping pin that final senior recognition throw this year.

FOOD PANTRY ITEMS NEEDED

- Coffee
- Kleenex
- Ketchup
- Toilet paper
- Mustard
- Paper towels
- Shampoo
- Saltine Crackers
- Conditioner
- Peanut Butter
- Pudding (boxes)
- Knorr Rice Packs
- Canned Veggies
- Body Wash
- Spaghetti Noodles and Sauces
- Laundry Soap
- Dish Soap
- BBQ Sauce
- Shaving Cream
- Creamed Soups
- Toothpaste
- Cookie mix
- Female Deodorant
- Pancake Mix
- Salad Dressings
- Juice
- Ramen Noodles
- Oatmeal
- Knorr Noodle Packs
- Cereal
- Jelly
- Napkins

**NO OPENED,
PARTIALLY USED
OR
OUTDATED ITEMS
PLEASE**



Items may be dropped off at the Baltic School in the red box in the Commons or in the Baltic Narthex or East Nidaros Fellowship Hall.

JULY NOISY CAN

Baltic: Baltic Lutheran Technology Fund

The Baltic Lutheran Council chose Technology Fund as the Noisy Can offering for July and August. This fund is separate from the Computer Fund and has been established to aid in the purchase of visual and audio equipment to be used in the Sanctuary to better serve our congregation and community.

Please prayerfully consider donating to Baltic's Tech Fund. Thanks.



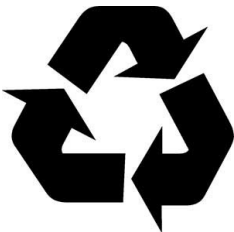
Thank
you

Thank you Baltic Congregation!

Thanks to you we have met our goal for the parking lot! We would also like to thank the Baltic WELCA for their \$500.00 gift to the fund.

A special thank you to all of you who continue to send your weekly offerings to the church. We still have commitments to make each month and appreciate your continued support.

God's Blessings be with you all!



Recycle used ink cartridges.

The churches receive a \$2 credit per cartridge. This offsets the cost of office supply's. Cartridges can be dropped off at the church office. Please make sure the cartridge is not leaking.

East Nidaros Council

May 12, 2020 Zoom Meeting

Attendance: Craig Krogstad, Kathy Hegge, Jennifer Hartman, Jesse Hartman, Deb Larson, Connie Karl, Mary Lee Lohnes, Pastor Randall Questad, Tom Siemonsma, David Daugaard

Call to order/Prayer: Craig called meeting to order and Pastor Questad opened in prayer

Secretary's Report: Minutes were emailed out prior to the meeting. Motion to accept minutes as presented was made by Kathy Hegge, seconded by David Daugaard. All approved.

Financial Report: Reports were not sent out prior to the meeting, but provided during the meeting. The deposits are not happening weekly as previously done due to bank closures, but happening periodically. As banks open back up, those will return to normal scheduling.

PPP load is being used for Pastor Randall's wages at this time. Kathy has applied for an Hour of Hope grant with the SD Synod to help improve future worship services. She has found a software program that will help with the livestreaming options for our church. A motion was made to trial the software for 3 months at \$31 while we wait for the grant application by Jennifer Hartman and seconded by Connie Karl. Motion Passed

A motion to accept reported financial statements was made by Connie Karl and seconded by Tom Siemonsma. Motion Passed

Deacon Report: Nothing new to report at this time

Trustee Report: Nothing new to report at this time

Pastor Randall's Report: The church office is actively working on the new church website and will be ready for a tentative launch in a couple of weeks.

Old Business

Noisy Can: on hold until regular church services resume

Krogstad Sale: The sale will happen June 4th, however we will not be providing the lunch fundraiser.

New Business

Memorial Day: Flags will still be set out for Memorial Day, but the church will not host the regular Memorial Day luncheon. We are unsure if the Legion will still have their services, Pastor Randall to find out more information.

Janitor and Organist: we will continue to pay the Organist and the Janitor at their normal wages. They are continuing to work and keep our services and facilities clean. No motion is needed.

Live Streaming options: Pastor Randall and Craig Krogstad to meet with Mid-States Audio to look at options for continuing the livestreaming options even after church is back to regular services. *Cont.*

Worship Services: Discussion was had around worship services. We will continue to meet virtually through May and until next council meeting in June. At that time, we will discuss options for services including but not limited to outdoor services. We will revisit this along with the synod recommendations at the June Zoom Meeting.

Next Meeting: June 9, 2020 at 7:30pm via Zoom

A motion to close the meeting was made by Deb Larson and seconded by Craig Krogstad.

Meeting adjourned.

Minutes provided unapproved by Jennifer Hartman, East Nidaros Secretary.

East Nidaros Income/Expense Report

Month	Monthly	Monthly	Year to Date	Year to Date
	Income	Expenses	Income	Expenses
Jan	\$ 3,082.26	\$ 3,939.94	\$3,082.26	\$3,939.94
Feb	\$29,323.02	\$7,840.69	\$32,405.28	\$11,780.63
Mar	\$7,747.71	\$4,464.74	\$40,152.99	\$16,245.37
Apr**	\$14,114.93	\$6,382.70	\$54,267.92	\$22,628.07
May	\$1,356.81	\$4,631.75	\$55,624.73	\$27,259.82
June*	\$3,435.13	\$8,966.94	\$59,059.86	\$36,226.76

**Includes PPP *Includes Corn

(CARES Act)

donation

**Through

loan of \$8345

\$20,919.93

June 19, 2020

The Following Gifts Have Been Given As Memorials:

EAST: In Memory Of:

Merlin Schmidt to the East Parking Lot Fund: \$50.00

Merlin Schmidt to the Baptismal Font repair: \$10.00

Baltic Lutheran Council Minutes

May 13, 2020

The monthly meeting of the Baltic Lutheran Church council was held via a zoom meeting on Wednesday, May 13, 2020 at 7:00 pm. President Dale Erickson called the meeting to order.

Council members attending the zoom meeting were J. Ryan Serna, Dale Erickson, Karen Sinding, John Sinding, Alana Tommeraasen, Jeff Boldt, Dick Berg, Allen VanEck, Lori Berg, Myron Nohava, Corynne Teveldal and Bryce Witzel. Pastor Randall Questad was also in attendance. Pastor Randall led us in prayer.

Motion by Bryce to approve the March 2020 meeting minutes along with the minutes from the April 6, 2020 motions made by email. Second by J. Motion carried.

Financial Report

Alana explained the questions from the previous financial report. No changes to the report.

Myron moved to approve the financial report. J. seconded the motion. Motion carried.

Trustees

The progress on funding of the parking lot improvements was discussed. Another letter will be sent to the congregation.

Thrivent funds were discussed.

The sign in front of the church needs some repairs and new paint.

Deacons

Visits with shut-ins are being made by phone.

Old Business

Security cameras are on hold at this time.

New Business

We will revisit the status of holding church services at our June council meeting. We will check with CDC guidelines and status of the Covid virus.

ELCA has technology grants available from \$1,000-\$3,000. Midstates Audio came and is providing a quote and information to improve technology for streamed services and enhancing services in church once they are resumed.

Myron made a motion to apply for a grant from the ELCA. Karen seconded the motion. Motion carried.

Cont.

Thank you to Kim and Jodee for their extra work in providing our online Sunday services.

Pastor’s Report

The new website is in progress and getting ready to launch.

The Pastor will have two baptisms for his grandchildren and will possibly need those Sunday’s off.

Our next meeting will be June 10, 2020 at 7:30.

Pastor Randall led us in the closing prayer.

AI made a motion to adjourn. Second by John. Motion carried.

Lori Berg, Secretary

BALTIC GENERAL FUND 2020				
Month	Monthly Income	Monthly Expenses	Year to Date Income	Year to Date Expenses
Jan	\$7,785.74	\$9,964.93	\$7,785.74	\$9,964.93
Feb	\$8,459.93	\$9,950.11	\$16,245.67	\$19,915.04
Mar	\$9,474.85	\$8,946.70	\$25,720.52	\$28,861.74
Apr*	\$22,130.05	\$10,650.30	\$47,850.57	\$39,512.04
May	\$8,444.30	\$8,317.56	\$56,294.87	\$47,829.70
June	\$4,769.03	\$7,000.41	\$61,063.90	\$54,830.11

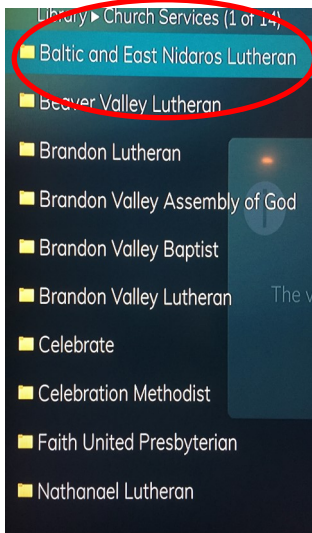
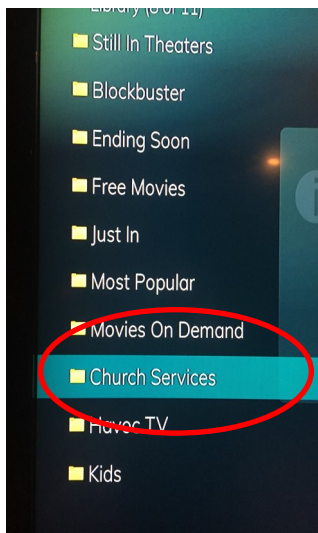
June is as of June 22, 2020

*Includes PPP (Cares Act) loan of \$11,25.00

BALTIC BLDG FUND	
Jan	\$152.00
Feb	\$155.00
Mar	\$173.00
Apr	\$120.00
May	\$124.00
June	\$90.00
YTD	\$814.00



Now you can also watch on Alliance TV “ON DEMAND”



Alliance on DEMAND only works in HD.

You may have to upgrade your service through Alliance.
Please call Alliance Communications if you need assistance.