

BALTIC AND EAST NIDAROS LUTHERAN PARISH**Two Churches - One Parish - Centered on the Cross****† Invitation to the Lord's Supper †**

Holy Communion will be safely distributed at the East Nidaros Lutheran Church August 13, 2020 from 1:00-2:00 PM and at the Baltic Lutheran Church August 13, 2020 from 5:00-6:00 PM. Social distancing will be practiced and we ask that for the well-being of all that you wear a mask. Please continue to watch the balticandeastnidaros.org website and weekly bulletin for any changes. Feel free to contact Pastor Randall at nidaros@alliancecom.net or call the church office at 529-5471 if these times do not work for you.

August Pulpit Post

August 2020

The Fifth Commandment

You shall not kill.

What does this mean?

We are to fear and love God so that we do not hurt our neighbor in any way, but help him in all his physical needs.

When teaching the 10 commandments, I have heard people of all ages say, “Well at least I have kept this commandment!” They admit they have broken some of the commandments since they have other gods, taken the Lord’s name in vain, not always kept the Sabbath holy, or haven’t honored their parents at all times. However, they take pride in keeping this commandment because they haven’t taken someone’s life. If they believe this, obviously they haven’t listened to what Jesus teaches about killing.

Listening to Jesus teach about the commandments doesn’t make the commandments easier to keep. Instead Jesus expands what these commandments mean and makes keeping them impossible. When Jesus was preaching his Sermon on the Mount, he said, “You have heard it said to those of ancient times, ‘You shall not murder’; and ‘whoever murders shall be liable to judgment.’ But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, ‘You fool,’ you will be liable to the hell of fire. Matthew 5:21-22

After hearing what Jesus teaches about what seemed to be an easy-to-keep commandment, suddenly it becomes the commandment that many of us break most often. According to Jesus, there are no different levels of breaking this commandment. Jesus says you are just as guilty of breaking this commandment when you are angry or when you verbally insult your neighbor as when you take your neighbor’s life. Martin Luther’s meaning of this commandment turns this impossible predicament of our not being able to keep this commandment into a positive opportunity to serve the needs of our neighbors.

Cont.

During this period of COVID-19, it has been encouraging to see a few blessings emerge through the anger and insults most often highlighted by the media. People have found creative ways to safely help neighbors by making phone calls and visiting from safe distances. Churches have discovered successful ways to reach more people with streamed and recorded services than we did by only worshiping in person. It is my prayer and hope that as we continue through this time of uncertainty, Jesus will guide us to find even more ways to help our neighbors.

Blessings,

Pastor Randall J. Questad



Have you noticed the Chimes in the Baltic bell tower have recently been silent?

The original carillon installed in 2002 has gone defective and can no longer be repaired by Chime Masters. There was approximately \$3,000 in the chimes fund and Esther Fossum's niece, Gaila & Don Hammer donated an additional \$1,000 to replace the carillon that was originally given in memory of Esther in 2002.

So hopefully early in August, the chimes will once again be praising God in song.

Thank you to **Jeff Boldt** for scraping and painting the sign outside the church on the northwest lawn.
It looks great!



Footcare Clinic will be Thursday August 6 and every other month following. The next ones will then be October, and December. This change was made by Sanford. We will still be doing them on the first Thursday of the month and will do our best to accommodate all clients.

Check with me with concerns. Marjell, RN, FCN



Parish Nurse & Health Board

Here it is August already, seems like the summer has flown by and looking hopefully to opening the schools for classes.

Since summer is not quite over, it is always a good reminder to keep our summer safety tips in place by using sunscreen, making sure it has UVA and UVB protection written on the label; bug bite safety by using insect repellent and drinking enough water to stay hydrated. Eating a healthy diet is always important and with summer, watermelon is a great nutrient with Vitamin A, Vitamin C, Potassium, and Lycopene for a low amount of calories. By utilizing the locally grown fruits and vegetables available at Farmer's Markets, we are supporting our local growers also.

August is Esophageal Cancer month. Esophageal Cancer is a cancer of the esophagus with beginnings from GERD (gastro esophageal reflux disease), more commonly known as heartburn. When having continued symptoms of heartburn, it is essential to visit with your physician for diagnosing and treatment.

Since receiving a Thank You from Kathy Lahr, RN, FCN from the SIGH Clinic for the donation of \$281 from the churches for socks, I would like to share with all as you all were part of it. She writes:

"Dear Staff and Congregations of East Nidaros and Baltic Lutheran Churches:

I am sure that you received a letter of Thank-you from the SIGH Foundation, but I wanted to write a thank you as well. The SIGH clinic is so grateful for your donation. The check was marked for Diabetic socks and I want to assure you that will be what it is used for.

We continue to offer foot care to the underserved population in our area, along with offering blood pressure and blood sugar checks to screen for Diabetes and high blood pressure. We offer medication education, information regarding health issues, a Christian listening ear, hospitality and referrals to providers, or other services in our area. In general, at least half of the clients we care for do have diabetes, and we are always in need of that particular item. We give a new pair of socks to every client we perform foot care on, and these socks are mostly donated by our local church groups.

I would also like to extend a Thank you especially to Marjell Wendland, her work as a Faith Community Nurse is greatly appreciated. We are grateful that she brings us forward to her churches as a service that makes a difference, what we do would not be possible if not for benefactors such as you and Marjell making sure we have what we need to supply this service. Thank you so very much.”

Sincerely, Kathy Lahr, RN, FCN

So I thank everyone at Baltic and East Nidaros for their willingness to donate for this very worthy need in our community.

Next Foot Care Clinic August 6 with a couple of openings.

Call the office to schedule.

Blessings,

Marjell Wendland, RN, FCN

MARJELL'S OFFICE HOURS are Thursdays from 9am –3pm, but she will not always be available at the church due to home visits. She can be reached at her home telephone (529-5457—leave a message).

IF YOU ARE HOSPITALIZED.....

Please remember due to federal regulations, hospitals cannot inform the church of your admission without you giving them your permission.

Likewise the Pastor and Parish Nurse cannot call or visit you if you are sick without your permission. If you would like a visit please notify the church office at 529-5471 or e-mail nidaros@alliancecom.net.

HOME MEDICAL EQUIPMENT AVAILABLE

Crutches, Bed Rails, Commodes, Walkers, Cane,
Urinal, Boot, Shower Stool, Depends,
Toilet Riser, Wrist Brace

Remember if you are in need of Home Medical Equipment to contact Marjell or the church office.

There is now a sign-out sheet in the Home Medical Equipment room at East, so please complete it when checking out equipment and also when returning, so we have a record of all that we are pleased to be able to offer anyone in the community.

Thanks for your cooperation with this.

FOOD PANTRY ITEMS NEEDED

- Coffee
- Kleenex
- Ketchup
- Toilet paper
- Mustard
- Paper towels
- Saltine Crackers
- Peanut Butter
- Pudding (boxes)
- Mayonnaise
- Miracle Whip
- Spaghetti Noodles and Sauces
- Laundry Soap
- Dish Soap
- BBQ Sauce
- Shaving Cream
- Creamed Soups
- Toothpaste
- Cookie mix
- Deodorant
- Pancake Mix
- Salad Dressings
- Juice
- Ramen Noodles
- Oatmeal
- Cereal
- Jelly

**NO OPENED,
PARTIALLY USED
OR
OUTDATED ITEMS
PLEASE**



Items may be dropped off at the Baltic School in the red box in the Commons or in the Baltic Narthex or East Nidaros Fellowship Hall.

FAITH

*is not believing that God can
it is knowing that He will.*

AUGUST NOISY CAN

Baltic: Baltic Lutheran Technology Fund

The Baltic Lutheran Council chose Technology Fund as the Noisy Can offering for August. This fund is separate from the Computer Fund and has been established to aid in the purchase of visual and audio equipment to be used in the Sanctuary to better serve our congregation and community.

Please prayerfully consider donating to Baltic's Tech Fund. Thanks.

East Nidaros Income/Expense Report

Month	Monthly Income	Monthly Expenses	Year to Date Income	Year to Date Expenses
Jan	\$ 3,082.26	\$ 3,939.94	\$3,082.26	\$3,939.94
Feb	\$29,323.02	\$7,840.69	\$32,405.28	\$11,780.63
Mar	\$7,747.71	\$4,464.74	\$40,152.99	\$16,245.37
Apr**	\$14,114.93	\$6,382.70	\$54,267.92	\$22,628.07
May	\$1,356.81	\$4,631.75	\$55,624.73	\$27,259.82
June*	\$3,435.13	\$8,966.94	\$59,059.86	\$36,226.76
Jul*	\$4,136.39	\$6,005.42	\$63,196.25	\$42,232.18

**Includes PPP (CARES Act) loan of \$8345

*Includes Corn Donation \$20,919.93

*Through July 26, 2020

BALTIC GENERAL FUND 2020

Month	Monthly Income	Monthly Expenses	Year to Date Income	Year to Date Expenses
Jan	\$7,785.74	\$9,964.93	\$7,785.74	\$9,964.93
Feb	\$8,459.93	\$9,950.11	\$16,245.67	\$19,915.04
Mar	\$9,474.85	\$8,946.70	\$25,720.52	\$28,861.74
Apr*	\$22,130.05	\$10,650.30	\$47,850.57	\$39,512.04
May	\$8,444.30	\$8,317.66	\$56,294.87	\$47,829.70
June	\$6,768.39	\$9,221.18	\$63,063.26	\$57,050.88
July	\$9,013.34	\$10,836.05	\$72,076.60	\$67,886.93

July is as of July 27, 2020

*Includes PPP (Cares Act) loan of \$11,25.00

East Nidaros Council

June 9, 2020 Zoom Meeting

Attendance: Kathy Hegge, Jesse Hartman, Jennifer Hartman, David Daugaard, Deb Larson, Tom Siemonsma, Mary Lee Lohnes, Craig Krogstad, Alvina Harvey, Pastor Randall, Marjell Wendland

Call to order/Prayer: Craig called meeting to order

Secretary's Report: Minutes were emailed out prior to the meeting.

Motion to accept minutes as presented was made by David Daugaard, seconded by Mary Lee Lohnes. All approved.

Financial Report: Report was sent prior to the meeting. The statements are down but that was expected with no in person services for almost a full 2 months. A motion to accept the reports as presented was made by Tom Siemonsma and seconded by Jenni Hartman. All approved.

Deacon Report: Nothing new to report at this time

Trustee Report: Nothing new to report at this time

Pastor Randall's Report: Pastor has stated that people are still cautious about worship services even with other churches in the area opening back up with social distancing guidelines in place. Pastor will be gone 06/21 and 06/28 for family baptisms, so we will hold off making a decision about in person services until at least July 12 after the next council meeting. Pastor did state that he is willing to offer communion and baptisms upon request.

Old Business:

Video/Streaming Serivces: Pastor received a bill from Mid-states that included the changes that were needed; \$2686.62 was the first phase and that has already been completed. And \$5063 is needed for the next phase, which includes an ipad and docking station to help with the remote camera. A motion to move forward with the next phase was made by Jenni Hartman and seconded by Kathy Hegge. Motion passed.

Kathy will find out more information about the grant that we applied for to help with the funding before the next meeting.

Noisy Can: on hold until regular church services resume

New Business

PPP loan: the number of weeks has been extended until 24 weeks. More information to come as things/policies change.

Parish Nursing report: Marjell joined the council to give an update on the Health board and the Parish nursing program. She gave an update on the current status of COVID-19. She did state that the foot care clinic has not happened for a couple of months and July is really full with requests for this service. The Health Board meets next week.

Next Meeting: July 7, 2020 at 7:30pm via Zoom

Cont.

A motion to close the meeting was made by Tom Siemonsma and seconded by David Daugaard.

Meeting adjourned.

Minutes provided unapproved by Jennifer Hartman, East Nidaros Secretary.

The Following Gifts Have Been Given As Memorials:

Baltic: In Memory Of:

Alton Rogen to the Baltic Parking Lot Fund: \$5.00

Orill Johnson to the Baltic Parking Lot Fund: \$100.00

Judie Oien to the Sunday School Fund: \$5.00

Judie Oien to the Baltic Parking Lot Fund: \$30.00

Judie Oien to the Baltic Technology Fund \$35.00

East: In Memory Of:

Jerry & Terry Hammer to the Baptismal Font Repair: \$100.00

Severin Brende to the Baptismal Font Repair: \$100.00

BALTIC BLDG FUND	
Jan	\$152.00
Feb	\$155.00
Mar	\$173.00
Apr	\$120.00
May	\$124.00
June	\$90.00
July	\$285.00
YTD	\$1099.00



Dear Members of Baltic Lutheran Church,
Thank you for your Special gift of \$150 to Shetek Lutheran Ministries. Without your generosity, Shetek Lutheran Ministries simply could not continue its mission of providing year round opportunities for Christ centered renewal and learning for all ages. You are truly making a difference in the faith building experience for the you and families coming to SLM.

Sincerely,

Marvin Nysetvold

Baltic Lutheran Council Minutes

June 10, 2020

The monthly meeting of the Baltic Lutheran Church council was held via a zoom meeting on Wednesday, June 10, 2020 at 7:30 pm. President Dale Erickson called the meeting to order.

Council members attending the zoom meeting were Dale Erickson, Karen Sinding, John Sinding, Myron Nohava, Jeff Boldt, Allen VanEck, Corynne Teveldal, Dick Berg and Lori Berg. Pastor Randall Questad and Marjell Wendland also were in attendance.

Motion by Myron and second by John to approve the minutes of the May 13, 2020 meeting. Motion carried.

Financial Report

Motion by John and second by Allen to approve the treasurers report.

Motion carried.

The audit committee will be doing an audit on July 13, 2020 for the first half of the year.

Parish Nurse

Marjell presented an update of the Covid-19 pandemic and the need for wearing masks, social distancing and hand washing.

Trustees

We have the funds to go forward with the parking lot project.

Thank you to Myron for his help in raising the needed funds and to everyone that donated to the project.

Motion by John and second by Myron to give authorization to cash in the mutual funds stock. Motion carried.

Dale discussed the Church Constitution with the Council in regards to the July 1st deadline to repair and resurface the parking lot. The constitution states that any amount over \$5,000 to be spent, must have a congregational vote to authorize the spending, even if the funds are raised. Although it was the intent of the council to have a congregational meeting for this vote, the Covid-19 virus continues to prohibit church services, thus no congregational meeting can be held before July 1, 2020. The constitution also disallows absentee voting. Dale spoke with the SD ELCA Synod parliamentarian who understood the current situation-he suggested, as a one-time exception, that we can say the approval was implied given that the majority of the church members had contributed towards the \$42,050 cost. Karen made a motion to make the one-time exception of the congregational approval by their donations and Alana seconded it. The motion was unanimously passed since the entire amount has been raised.

Thank you to Jeff Boldt for all his time and expertise in making this project happen.

Cont.

Motion by Myron and second by John to hire Asphalt Surfacing Company for the parking lot project. Jeff will take care of the contract with them. Our insurance company needs a certificate of insurance from Asphalt Surfacing Company. Jeff will get a copy of that from them. Repair work will be done on the church sign.

Deacons

John is making phone calls to shut-ins. Myron spent extra time visiting with families when he was fundraising. The calls and visits are very much appreciated by the members.

Old Business

We are still planning on cameras at the 2 main doors.

New Business

Per our insurance company, there is no liability to the church if we decide to start services again.

Motion by John and second by Dick to wait until July to make a decision on starting services again based on the status of Covid-19. Motion carried.

Dale will prepare the necessary paperwork for the PPP Loan forgiveness. We have had two companies look at the church for upgrading technology for services and live streaming services.

Motion by Karen and second by Allen to have the July and August noisy can offerings go to the Baltic Lutheran technology fund.

Thank you to Ellen for her extra work in recording the music for the services.

Thank you to Pastor Randall, Kim, Jodee, Kathy and Dale for all their help in the lives stream services.

Pastor Randall will be gone June 21st and 28th but will be recording the services before he leaves and they will be posted as a live stream on both Sundays.

Our next meeting via zoom will be July 8, 2020 at 7:30 pm.

Motion by John to adjourn the meeting. Second by Dick. Motion carried.

We closed with the Lord's Prayer.

Lori Berg, secretary
Submitted approved.



Recycle used ink cartridges.

The churches receive a \$2 credit per cartridge. This offsets the cost of office supply's. Cartridges can be dropped off at the church office. Please make sure the cartridge is not leaking.

Nidaros 152

1868 – August 12 – 2020

On August 12th, it will be 152 years since our church, the Nidaros Congregation, was organized 4 ½ miles south of Baltic. Today, it continues to exist as Baltic Lutheran, East Nidaros Lutheran, Renner Lutheran, and West Nidaros Lutheran Churches.



Thank you for all the cards, emails, and phone calls for my 97th birthday.

It was much appreciated!

Rhoda

Dear Saints of the East Nidaros Lutheran Church,
Thank you for your generosity and for responding to the call to do ministry together. You will touch so many lives through your faith through you ministry and through these gifts. You are awesome!
Your \$465 gift given to the Southeastern Synod on 6/17/20 designated for Disaster Response Middle Tennessee Tornado, is very much appreciated.
During these uncertain times, together we can accomplish the ministry to which God is calling us as the Evangelical Lutheran Church in America.
You are a blessing!

Sincerely,

Holly Liersch
Office Manager

Thank you!