



# Parish The Thought

Volume 53 Issue 9

September, 2020

## BALTIC AND EAST NIDAROS LUTHERAN PARISH Two Churches - One Parish - Centered on the Cross



UPCOMING EVENTS

Wed Sept 2 8:30-12:00 East Nidaros Quilting

Thu Sept 3 8:30-12:00 East Nidaros Quilting

9:00 Bulletin Assembly

Mon Sept 7 **Labor Day**

Tue Sept 9 6:30-7:30 Food Bank Open

6:30-7:30 **9<sup>th</sup> grade** Confirmation at East

Thu Sept 10 9:00 Bulletin Assembly

7:15 Health Board Meeting @ Baltic

Tue Sept 15 7:30 Baltic Council Meeting

Wed Sept 16 6:30-7:30 **8<sup>th</sup> grade** Confirmation at East

Thu Sept 17 9:00 Bulletin Assembly

### Newsletter Deadline

Wed Sept 23 **1:00-2:00 Communion at Baltic**

**5:00-6:00 Communion at East**

6:30-7:30 **7<sup>th</sup> grade** Confirmation at East

Thu Sept 24 9:00 Bulletin & Newsletter Assembly

Sat Sept 26 1:30-2:30 Food Bank Open

Wed Sept 30 6:30-7:30 **6<sup>th</sup> grade** Intro to Confirmation at East

\*ALL EVENTS ARE TENTATIVE

\*\*Parents will be receiving a letter with further information in regard to Confirmation.



# SEPTEMBER PULPIT POST

## *“The Grass Withers”*

**The grass withers, the flower fades;**

**but the word of our God will stand forever. *Isaiah 40:8***

So many things that were once very predictable are looking very different as August ends and September begins. Many parents who once made it a family event to shop for new school clothes and school supplies often left their children at home this year to limit unnecessary exposure to and from other people in stores. Fall sports activities that we looked forward to in high school and colleges have been teetering between happening or being canceled. Most parents are thankful that students are going to school, but also know how quickly “in school” learning may change to home schooling.

As September begins, the grass in our lawns and in pastures is withering quickly. This too is a dramatic change from only a year ago. Last year, because of the frequent rains of summer, we were still mowing at least once a week even in September. The lush lawns from last year that are now withering grass remind us how quickly life can change.

The predictable schedule of events in our churches are not immune from these changes. Blessings for students beginning school during worship was once an exciting day when children of all ages came up to the altar with their backpacks. This blessing was done by parents at home during a Livestream worship service. Schedules that appear in this newsletter for resuming Confirmation classes are prefaced with “tentative” because of the continued uncertainty.

There is some good news in knowing that “grass withers”. It can be reassuring to us to remember that every trial in this life is temporary. When we seem to be overwhelmed by the trials and the unpredictability of this life, Isaiah reminds us that all of these things will wither and fade. The even greater news in this verse is that God’s word NEVER withers or fades. God’s word is certain and unchanging. God’s promise to be with us through the uncertainty of this life is never broken. As we navigate through another month of changing schedules and plans, we thank God for the one thing that stands firm and stands forever...God’s word.

Blessings,

Pastor Randall J. Questad

# Parish Nurse & Health Board

September is here and the COVID-19 virus is still very active and with us. This very different time in our lives has brought to mind the always present theme of Faith Community Nursing: BODY, MIND & SPIRIT. When looking at each one of these during this virus pandemic, how does each one fit into your life? When I think of BODY, balance is a term that comes to mind. How have we been able to balance what is happening in our lives? I don't just mean, preventing falls. How are we balancing having to stay more confined and tolerant of our family? Or in a Nursing Facility, without our family? Child and Spouse abuse has escalated during this time. How are we balancing our diets, exercise, and routine daily living? MIND of course, brings the term STRESS into this life event. Stress is a normal, healthy human response both physical and emotional during this time. We are worried if we or a loved one will contract the virus and how serious it will be. Will we lose our job and income, and how will we pay bills? As a GI nurse, I can say the stress of this pandemic certainly affects the GI symptoms and one feeds on the other. Random thoughts may fly through our minds if we have a cough or temp or other symptoms and until we are tested, we stress the outcome and how it will affect our life. Are we still safe wearing our masks and social distancing? STRESS can have a beneficial influence also as it can lead to growth and change, such as motivating and helping to be more aware of our surroundings, leading us to take action or plan and prepare for the future.

SPIRIT: Where would we be in all of this without God and our faith, that no matter what this Pandemic brings into our lives, we know God and our faith is the one and only sure thing we have to depend on to get us and all of our loved ones through this time. Our faith leads us to pray each day, trusting God will watch over and protect us, whether we get the virus or not. This time in our lives will strengthen our faith.

The Councils are cautiously opening the churches for worship with guidelines in place. For the health and safety of all who attend there are guidelines in place for the loving and caring of our friends and neighbors. We are holding our Footcare Clinics with the guidelines in place for all attending and will continue to do unless notified of changes.

May God Bless you and keep you and your loved ones healthy and safe.

Blessings, Marjell Wendland, RN, FCN

**MARJELL'S OFFICE HOURS** are Thursdays from 9am –3pm, but she will not always be available at the church due to home visits. She can be reached at her home telephone (529-5457—leave a message).

**IF YOU ARE HOSPITALIZED.....**

Please remember due to federal regulations, hospitals cannot inform the church of your admission without you giving them your permission. Likewise the Pastor and Parish Nurse cannot call or visit you if you are sick without your permission. If you would like a visit please notify the church office at 529-5471 or e-mail [nidaros@alliancecom.net](mailto:nidaros@alliancecom.net).

**HOME MEDICAL EQUIPMENT AVAILABLE**

Crutches, Bed Rails, Commodes, Walkers, Cane,  
Urinal, Boot, Shower Stool, Depends,  
Toilet Riser, Wrist Brace

Remember if you are in need of Home Medical Equipment to contact Marjell or the church office.

There is now a sign-out sheet in the Home Medical Equipment room at East, so please complete it when checking out equipment and also when returning, so we have a record of all that we are pleased to be able to offer anyone in the community.  
Thanks for your cooperation with this.

Footcare Clinic will be Thursday October 1 and every other month following. The next ones will then be December and February. This change was made by Sanford. We will still be doing them on the first Thursday of the month and will do our best to accommodate all clients.



Check with me with concerns. Marjell, RN, FCN



**Recycle used ink cartridges.**

The churches receive a \$2 credit per cartridge. This offsets the cost of office supply's. Cartridges can be dropped off at the church office. Please make sure the cartridge is not leaking.

# FOOD PANTRY ITEMS NEEDED

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• Coffee</li> <li>• Kleenex</li> <li>• Ketchup</li> <li>• Toilet paper</li> <li>• Mustard</li> <li>• Paper towels</li> <li>• Saltine Crackers</li> <li>• Peanut Butter</li> <li>• Pudding (boxes)</li> <li>• Mayonnaise</li> <li>• Miracle Whip</li> <li>• Spaghetti Noodles and Sauces</li> <li>• Canned Fruit</li> <li>• Sugar</li> </ul> | <ul style="list-style-type: none"> <li>• BBQ Sauce</li> <li>• Baking needs</li> <li>• Creamed Soups</li> <li>• Cleaning Supplies</li> <li>• Cookie mix</li> <li>• Hygiene Products</li> <li>• Pancake Mix</li> <li>• Salad Dressings</li> <li>• Juice</li> <li>• Ramen Noodles</li> <li>• Oatmeal</li> <li>• Cereal</li> <li>• Jelly</li> <li>• Paper Plates</li> <li>• Napkins</li> </ul> |
|--|--|

**NO OPENED,  
PARTIALLY USED  
OR  
OUTDATED ITEMS  
PLEASE**



Items may be dropped off at the Baltic School in the red box in the Commons or in the Baltic Narthex or East Nidaros Fellowship Hall.

## AUGUST PARISH RECORD CHANGES

### BALTIC

**New Members:**

*No changes*

**Transfers Out:**

*No Changes*

**Baptisms:**

*No Changes*

**Weddings:**

*No Changes*

**Deaths:**

*Jim*

*Tommerraasen*

### EAST

**New Members:**

*No Changes*

**Transfers Out:**

*No Changes*

**Baptisms:**

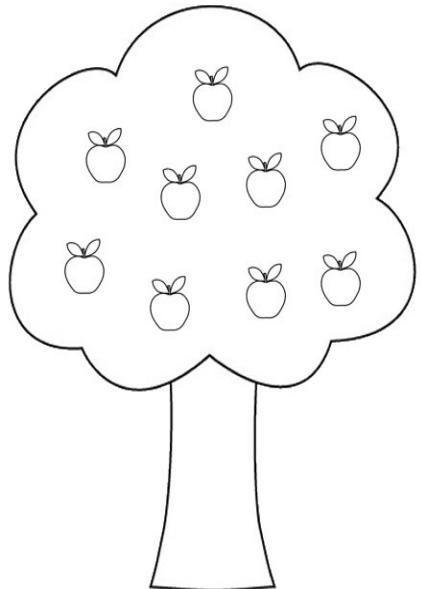
*Holden Paul Rick*

**Weddings:**

*No Changes*

**Deaths:**

*No Changes*





# Baltic Lutheran Council Minutes

July 8, 2020

The monthly meeting of the Baltic Lutheran Church Council was held via zoom on Wednesday evening, August 5, 2020 at 7:30 pm. President Dale Erickson called the meeting to order.

Pastor Randall led us in prayer.

Council members present were: Dale Erickson, Karen Sinding, John Sinding, J. Serna, Dick Berg, Lori Berg, Myron Nohava, Jeff Boldt, Alana Tommeraasen and Bryce Witzel. Pastor Randall Questad and parish nurse Marjell Wendland were also in attendance.

Motion to approve the July 8, 2020 meeting minutes by Bryce and second by J. Motion carried.

## **Financial Report**

Motion by Dick and second by Karen to approve both the June, 2020 and July, 2020 treasurer reports. Motion carried.

The mid-year audit report has been done for January-June. A suggestion was made to add the youth fund into Quick books.

## **Trustees Report**

The parking lot construction is tentatively planned for the end of August. A pre-construction meeting will be held at the end of the week.

The chimes carillon replacement has been purchased and will be sent this week. Thank you to the Hammers for their donation to cover the expense. Thank you also to Dale for quickly handling the replacement.

## **Deacon's report**

Nothing new to report

## **Old Business**

PPP forgiveness forms are not available yet.

## **New Business**

A discussion was held regarding resuming in person church services. A motion was made by J. to resume in person services.

Bryce seconded the motion. Motion carried.

Multiple options were discussed for making the services safe for everyone attending.

A task force of members of Baltic Lutheran and East Nidaros was set up to discuss the changes needed to safely hold services.

The task force members are Craig Krogstad and Kathy Hegge from East Nidaros and Myron Nohava and Dale Erickson from Baltic Lutheran.

*Cont.*

## Pastor Report

Katie Pauly will not be available much to help with confirmation.

The new data base is being worked on.

The new website is up.

The National Youth Gathering has been postponed for 2021.

The next meeting is Tuesday, September 15, 2020 at 7:30.

Location to be determined at a later date.

We closed with the Lord's Prayer.

Motion to adjourn by Bryce and second by J. Motion carried.

Lori Berg, Secretary

Submitted approved

<b>BALTIC GENERAL FUND 2020</b>				
Month	Monthly Income	Monthly Expenses	Year to Date Income	Year to Date Expenses
Jan	\$7,785.74	\$9,964.93	\$7,785.74	\$9,964.93
Feb	\$8,459.93	\$9,950.11	\$16,245.67	\$19,915.04
Mar	\$9,474.85	\$8,946.70	\$25,720.52	\$28,861.74
Apr*	\$22,130.05	\$10,650.30	\$47,850.57	\$39,512.04
May	\$8,444.30	\$8,317.66	\$56,294.87	\$47,829.70
June	\$6,768.39	\$9,221.18	\$63,063.26	\$57,050.88
July	\$9,013.34	\$11,183.06	\$72,076.72	\$68,233.94
Aug	\$10,433.50	\$9,841.34	\$82,510.22	\$78,075.28

August is as of August 24, 2020 \*Includes PPP (Cares Act) loan of \$11,25.00

<b>BALTIC BLDG FUND</b>	
Jan	\$152.00
Feb	\$155.00
Mar	\$173.00
Apr	\$120.00
May	\$124.00
June	\$90.00
July	\$285.00
Aug	\$195.00
<b>YTD</b>	<b>\$1294.00</b>





### **Thank you Baltic Congregation!**

A special thank you to all of you who continue to send your weekly offerings to the church. We still have commitments to make each month and appreciate your continued support.

**God's Blessings be with you all!**

We would like to **thank everyone** for your prayers and concern shown to our families during Jim's sudden illness and death. Thank you for cards, flowers and memorials given in his memory.

**Special Thanks** to Pastor Randall for all his prayers, calls and visits with Jim and our family. It was very much appreciated. **Thank you** to Myron Nohava for all of his help and guidance as well as the Minnehaha Funeral Home staff.

Jim will be missed a lot but will be forever in our hearts.

The Tommeraasen Families

A "huge" thanks to Baltic WELCA ladies and some more for all their hard work preparing, setting up, work during the sale and all the clean up. For all their efforts they made a profit of \$659.65!

Thanks Again,  
Roger and Joann Moan

"Thank you to Gaila & Don Hammer who donated \$1,500.00 in memory of Esther Fossum to replace the chimes carillon (the original chimes were given in Esther's memory in 2002)."

Thank you to  
Baltic and East Nidaros Lutheran Parish  
for thinking of the Veterans Memorial.  
Your donation was very much appreciated!



*The Following Gifts Have Been Given As Memorials:*

**Baltic:** In Memory Of:

**Judie Oien**

Baltic Parking Lot Fund: \$65.00

Baltic Technology Fund: \$25.00

Baltic Lutheran Church: \$100.00

**Jim Tommeraasen**

Baltic Lutheran Church: \$20.00

Baltic Sunday School Fund: \$35.00

Baltic Building Fund: \$40.00

Baltic Parking Lot Fund: \$125.00

Baltic Technology Fund: \$1,110.00

**Bjarne Tonneson**

Baltic Building Fund: \$10.00

Technology Fund: \$20.00

Baltic Lutheran Church: \$40.00

**East:** In Memory Of:

**Judie Oien** to the East Nidaros Church Cemetery: \$170.00

**Oct Newsletter Deadline: Sept 17, 2020**

**East Nidaros Income/Expense Report**

Month	Monthly Income	Monthly Expenses	Year to Date Income	Year to Date Expenses
Jan	\$ 3,082.26	\$ 3,939.94	\$3,082.26	\$3,939.94
Feb	\$29,323.02	\$7,840.69	\$32,405.28	\$11,780.63
Mar	\$7,747.71	\$4,464.74	\$40,152.99	\$16,245.37
Apr	\$14,114.93	\$6,382.70	\$54,267.92	\$22,628.07
May	\$1,356.81	\$4,631.75	\$55,624.73	\$27,259.82
June	\$3,435.13	\$8,966.94	\$59,059.86	\$36,226.76
Jul	\$6,726.39	\$6,005.42	\$65,786.25	\$42,232.18
Aug*	\$7,546.41**	\$5,465.55	\$73,332.66	\$47,697.73

\*Through August 24, 2020

\*\*Includes \$1250 for Tech Upgrade Project



# East Nidaros Council Meeting

July 7, 2020

**Attendance:** Dave Daugaard, Connie Karl, Kathy Hegge, Alvina Harvey, Mary Lee Lohnes, Craig Krogstad, Deb Larson, Pastor Randall

**Not In Attendance:** Jesse Hartman, Jenni Hartman, Jimmie Vollan, Tom Siemonsma

**Others Attending:** Marjell Wendland

**Call to order/Prayer:** Craig called meeting to order. Pastor Randall led us with a prayer.

**Secretary's Report:** Minutes were emailed out prior to the meeting.

Motion to accept minutes as presented was made by Mary Lee; MSC.

**Financial Report:** Reports were emailed out prior to the meeting. Kathy gave an update on the Paycheck Protection Program loan, noting we will likely not have to pay any of it back. We also were not awarded on of the Hour of Hope grants this year, they had 23 applications (up significantly from previous years). Motion to accept the reports by David; MSC.

**Parish Nurse Report:** The Hand Sanitizer dispensers are not working (at both churches); Jim is working on them. There are no replacement supplies available; the batteries are OK. We will have to use manual dispensers in the meantime. She stressed the importance of wearing masks. The Foot Care Clinic required masks and there were no complaints. The replacement batteries for the AEDs are in, Jim will replace them.

**Pastor Randall's Report:** Pastor Randall is getting requests for re-opening church (worship services); some are requesting Communion. He reported on some of the area churches' progress regarding modified worship services. A Rapid City church recently sent out a questionnaire/survey with questions to answer before you come to worship (e.g. are you willing to wear a mask, no singing, no handshaking, etc.). Essentially, there are no "right" answers as to returning to worship, but there are considerations we'll need to make when we decide that it is OK to have worship services in-house. Connie made a motion to table start of worship until the next meeting; MSC.

He reported that the new website is up and working well.

## Old Business:

**Fellowship Hall Painting Project:** Ron K has been in contact with the guys who may be interested in painting the Fellowship Hall. No additional information available at this time. *Cont.*

**Letter to EN Membership:** Deb has drafted a letter to all the East Nidaros membership outlining the additional needs for video equipment and software; it will be sent to the Council prior to mailing.

**New Business:**

**Baptism:** Pastor Randall asked if it would be OK to have a Baptism at the Church with a family; all agreed that would be fine.

**Video Camera Stabilizer:** We are noticing shakiness of the camera when someone is in the choir loft (and at other times, too) and have looked into a stabilizer bracket. It was noted that the Constitution permits Council expenditures up to \$7,500 on a project without Congregation approval.

**Picnic Table:** Pastor Randall talked with Tom Wilson recently. Tom has built a beautiful picnic table and painted it to look like the flag of Norway. He has decided to donate the table to East Nidaros and is OK with the idea of raffling or selling the table as a fundraiser. We will need to determine how and when we can do something with it!

**VBS:** Vacation Bible School will not be held this year.

**Re-open Options:** Craig, Dale Erickson (Baltic Council President) and Pastor Randall will discuss how things would work if one church decides to re-open before the other.

**Next meeting: ZOOM Meeting on Tuesday, August 4<sup>th</sup> at 7:30pm**

A motion to adjourn was made by Connie Karl; MSC.

Report submitted by Kathy Hegge and Mary Lee Lohnes in the absence of Jennifer Hartman, East Nidaros Secretary. Approved.

**WELCA will not host the Meatball Dinner this year.  
Due to Covid-19 the Baltic School is not allowing  
outside vendors into the school.**

# Parish the Thought

Volume 53 Issue 9 Sep, 2020

**BALTIC LUTHERAN PARISH  
&**

**EAST NIDAROS CHURCH**

P O Box 198

Baltic, South Dakota 57003

Telephone: (605) 529-5471

E-mail address:

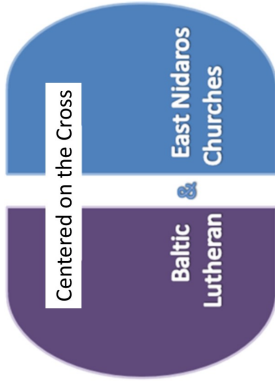
[nidaros@alliancecom.net](mailto:nidaros@alliancecom.net)

Website address:

[www.balticandeastnidaros.org](http://www.balticandeastnidaros.org)  
find us on Facebook

**Pastor Randall Questad**

Cell: 605-940-2646



Non-Profit Organization  
US Postage  
**PAID**  
Permit# 4  
Baltic, SD

