

He came and took her by the hand
and lifted her up.

-Mark 1:31



Sunday, February 4, 2024
5th Sunday after Epiphany

Pastor, Randall Questad

Baltic & East Nidaros Lutheran Parish

BALTIC AND EAST NIDAROS LUTHERAN PARISH

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Pastor Randall Questad

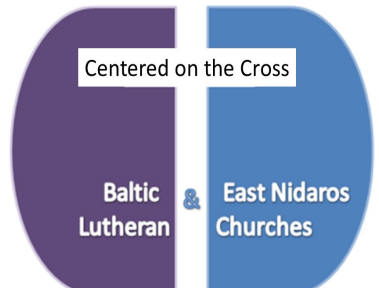
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Office Hours: Tues - Wed 9:00-3:00

Lisa Skelly, Admin Assistant

Office Hours: Tues-Wed 9am-3pm.



Worship Plan for Sunday, February 4, 2024

5 Epiphany

LBW Holy Communion Setting Two

ANNOUNCEMENTS

BRIEF ORDER FOR CONFESSION AND FORGIVENESS (LBW p. 77)

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

Amen

If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness.

Most merciful God,

we confess that we are in bondage to sin and cannot free ourselves.

We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen

Almighty God, in his mercy, has given his Son to die for us and, for his sake, forgives us all our sins. As a called and ordained minister of the Church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the Son, and of the Holy Spirit.

Amen

ENTRANCE HYMN *Praise to the Lord, the Almighty* (LBW 543)

GREETING (LBW p. 78)

KYRIE (LBW p. 78)

HYMN OF PRAISE (LBW p. 79)

This is the feast.

PRAYER OF THE DAY (LBW p. 82)

The Lord be with you.

And also with you.

Let us pray. . . .

Almighty God, you sent your only Son as the Word of life for our eyes to see and our ears to hear. Help us to believe with joy what the Scriptures proclaim, through Jesus Christ our Lord.

Amen

FIRST LESSON: Isaiah 40:21-31

²¹Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? ²²It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; ²³who brings princes to naught, and makes the rulers of the earth as nothing. ²⁴Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. ²⁵To whom then will you compare me, or who is my equal? says the Holy One. ²⁶Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. ²⁷Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? ²⁸Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. ²⁹He gives power to the faint, and strengthens the powerless. ³⁰Even youths will faint and be weary, and the young will fall exhausted; ³¹but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

L The Word of the Lord.

C Thanks be to God.

PSALM: Psalm 147:1-12, 21c

¹Hallelujah! How good it is to sing praises to our God! How pleasant it is to honor him with praise!

²**The LORD rebuilds Jerusalem; he gathers the exiles of Israel.**

³He heals the brokenhearted and binds up their wounds.

⁴**He counts the number of the stars and calls them all by their names.**

⁵Great is our LORD and mighty in power; there is no limit to his wisdom.

⁶**The LORD lifts up the lowly, but casts the wicked to the ground.**

⁷Sing to the LORD with thanksgiving; make music to our God upon the harp.

⁸**He covers the heavens with clouds and prepares rain for the earth;**

⁹he makes grass to grow upon the mountains and green plants to serve mankind.

¹⁰**He provides food for flocks and herds and for the young ravens when they cry.**

¹¹He is not impressed by the might of a horse; he has no pleasure in the strength of a man;

¹²**but the LORD has pleasure in those who fear him, in those who await his gracious favor.**

^{21c} **Hallelujah!**

SECOND LESSON: 1 Corinthians 9:16-23

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. ¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them.

²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

L The Word of the Lord.

C Thanks be to God.

**JESUS LOVES ME & CHILDREN'S SERMON
INSTALLATION OF OFFICERS AT BALTIC LUTHERAN**

GOSPEL ACCLAMATION(LBW p. 83)

GOSPEL: Mark 1:29-39

The Holy Gospel according to St. Mark, the 1st chapter.

Glory to you, O Lord.

²⁹As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. ³²That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. ³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.

Praise to you, O Christ.

SERMON "Lifted Up"

HYMN OF THE DAY *Precious Lord, Take My Hand* (WOV 731)

APOSTLES' CREED (LBW p. 85)

THE PRAYERS

SHARING OF GOD'S PEACE

OFFERING

OFFERING HYMN *Arise, Your Light Has Come!* WOV 652 Verses 1&2

OFFERTORY PRAYER (LBW p. 87)

Let us pray.

Merciful Father,

we offer with joy and thanksgiving what you have first given us—our selves, our time, and our possessions, signs of your gracious love.

Receive them for the sake of him who offered himself for us, Jesus

Christ our Lord. Amen

DIALOGUE (LBW p. 87)

PREFACE

SANCTUS (LBW p. 89)

WORDS OF INSTITUTION

LORD'S PRAYER

ALL BAPTIZED CHRISTIANS WHO CONFESS JESUS CHRIST AS LORD AND

HIS PRESENCE IN THE BREAD AND WINE ARE WELCOME TO THE LORD'S

TABLE.

SACRAMENT OF THE LORD'S SUPPER

COMMUNION HYMNS

1-LAMB OF GOD(LBW p. 92)

2-O Living Bread from Heaven LBW 197

POST-COMMUNION CANTICLE (LBW p. 92)

POST-COMMUNION PRAYER

BLESSING (LBW p. 94)

The Lord bless you and keep you.

The Lord make his face shine on you and be gracious to you.

The Lord look upon you with favor and give you peace.

Three fold Amen (Sung)

SENDING HYMN *I'm So Glad Jesus Lifted Me* WOV 673

DISMISSAL

Go in peace and serve your neighbor.

Yes we will. Thanks be to God.

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MEMBERS

Betty Jean Benjamin
Donna Lee Boyd - Rhoda Wold
Kelly LaValliere— Lorna Sunde
Dale Thompson—Harry Laue
Jason Dykes

FRIENDS & FAMILY OF OUR MEMBERS

Dennis Riswold—Friend of the Community
Jay Vogt— Friend of the Community
Keith Fawcett—Kyla Fawcett's (Nesheim) father-in-law
Anita (Ana) Reategui—Friend of Jeff and Joan Boldt
James Langloss—Kim Questad's Uncle
Mattias Warne—Friend of the Community
Becky Berg—Sister-in-law of Dick Berg
Laurel Mader—Friend of Pastor Randall & Kim Questad
Marie Trudeau—Friend of Pastor Questad and Kim
Pastor Elizabeth Johnson— Friend of the Community
Marie Pazour— Mother of Karen Doom
Jack Scott Nagel—Grand Nephew of Kathy Scott
Gordon Dierkson—Father of Gary Dierkson

Our Response to God's Love

Baltic: Jan 28: Attendance 63; General Fund \$1386.00 Noisy Can \$138.95

East: Jan 21: Attendance 29 General Fund \$590.22 Noisy Can \$17.29
Building Fund \$ 60.00 Xmas Offering \$50.00

Jan 28: Attendance 30, General Fund \$2150.00 Noisy Can \$19.21

FEBRUARY NOISY CAN

Baltic: Baltic Fire Department

East: Baltic Fire Department

Sunday, February 4, 2024

Baltic	9am Worship 10:30 Worship and Livestreamed on Facebook
East Nidaros	@ EastNidarosLutheranChurch

Things Happening Week of February 4th

Mon Feb 5	6:30pm Bible Study in Baltic
Wed Jan 30	6:30pm 8th gr Confirmation @ Baltic 7:30pm 7th gr Confirmation @ Baltic
Wed-Thur Feb 7-8	8:30am Quilting at East Nidaros

Sunday, February 11, 2024

Baltic	9:00 Worship and Live streamed on Facebook @ BalticLutheranChurch
East Nidaros	10:30 Worship

Fellowship Coffee and Treats

BALTIC:

Feb 4 Lisa & Lynn Olson
& 11 Kari & Chuck Radack

EAST:

Feb 4 Randy & Trudy Hartman
& 11 David Dyce
(Feb 11 Birthday Cake)

BALTIC:

Feb 18 Dixie & Rick Fiala
& 25 Nikki Oien

EAST:

Feb 18 Adam & Tracy Peterson
& 25 Keith & Paula Harvey